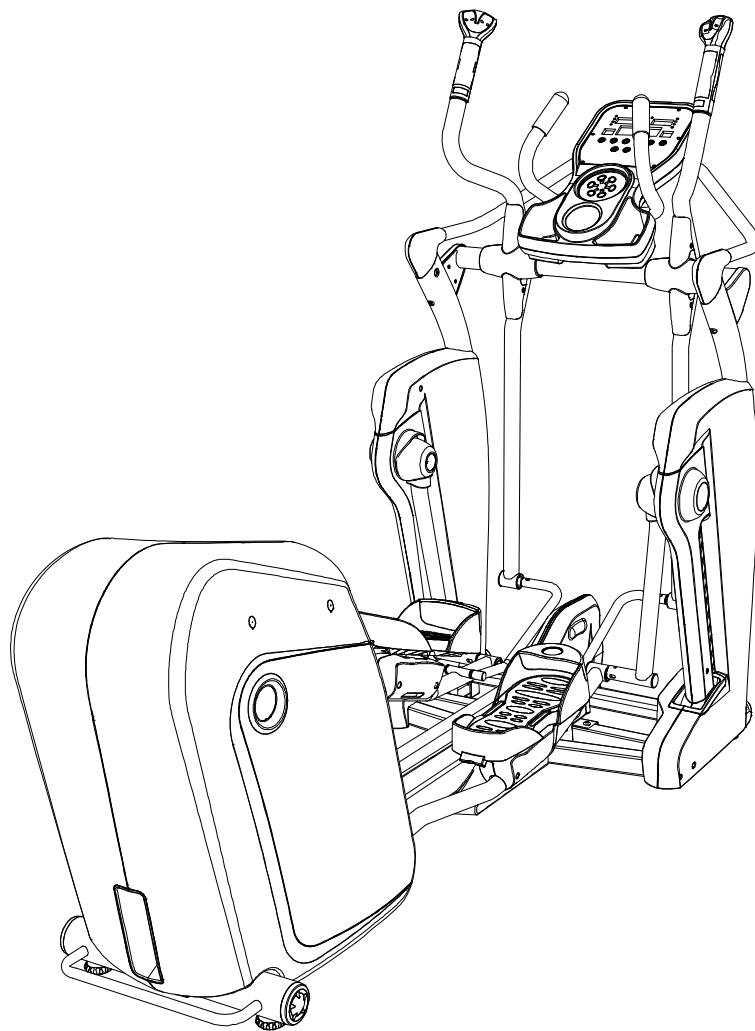


USER'S MANUAL

SMOOTH AGILE TRAINER



USER WEIGHT LIMITATION: **350lbs(160kgs).**

SERIAL NUMBER (found on frame):

CE

## PREASSEMBLY

For future service or related questions:

Please staple your receipt and/or write in the name and phone number of the retail store where you purchased your Smooth Fitness AGILE Dynamic Motion Trainer.

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Receipt: \_\_\_\_\_

Open the boxes:

You are now ready to open the boxes of your new equipment. Make sure to inventory all of the parts that are included in the boxes. Check the Parts List for a full count of the number of parts included for this product to be assembled properly. If you are missing any parts or have any assembly questions call your local dealer or contact us directly at 888-800-1167.

Gather your tools:

Before starting the assembly of your unit, make sure that you have gathered all the necessary tools you may require to assemble the unit properly. Having all of the necessary equipment at hand will save time and make the assembly quick and hassle-free.

Clear your work area:

Make sure that you have cleared away a large enough space to properly assemble the unit. Make sure the space is free from anything that may cause injury during assembly. After the unit is fully assembled, make sure there is a comfortable amount of free area around the unit for unobstructed operation.

Invite a friend:

Some of the assembly steps may require heavy lifting. It is recommended that you obtain the assistance of another person when assembling this product.

User Weight Limitation:

Please note that there is a weight limitation for this product. If you weigh more than 350lbs. it is not recommended that you use this product. Serious injury may occur if the user's weight exceeds the limit shown here. This product is not intended to support users whose weight exceeds this limit.

## POWER REQUIREMENTS

### Power Requirements:

IMPROPER CONNECTION OF THE EQUIPMENT GROUNDING CONNECTOR CAN RESULT IN THE RISK OF AN ELECTRIC SHOCK. CHECK WITH A QUALIFIED ELECTRICIAN OR SERVICE MAN IF YOU ARE IN DOUBT AS TO WHETHER THE PRODUCT IS PROPERLY GROUNDED. DO NOT MODIFY THE PLUG PROVIDED WITH THE PRODUCT, IF IT WILL NOT FIT THE OUTLET; HAVE A PROPER OUTLET INSTALLED BY A QUALIFIED ELECTRICIAN.

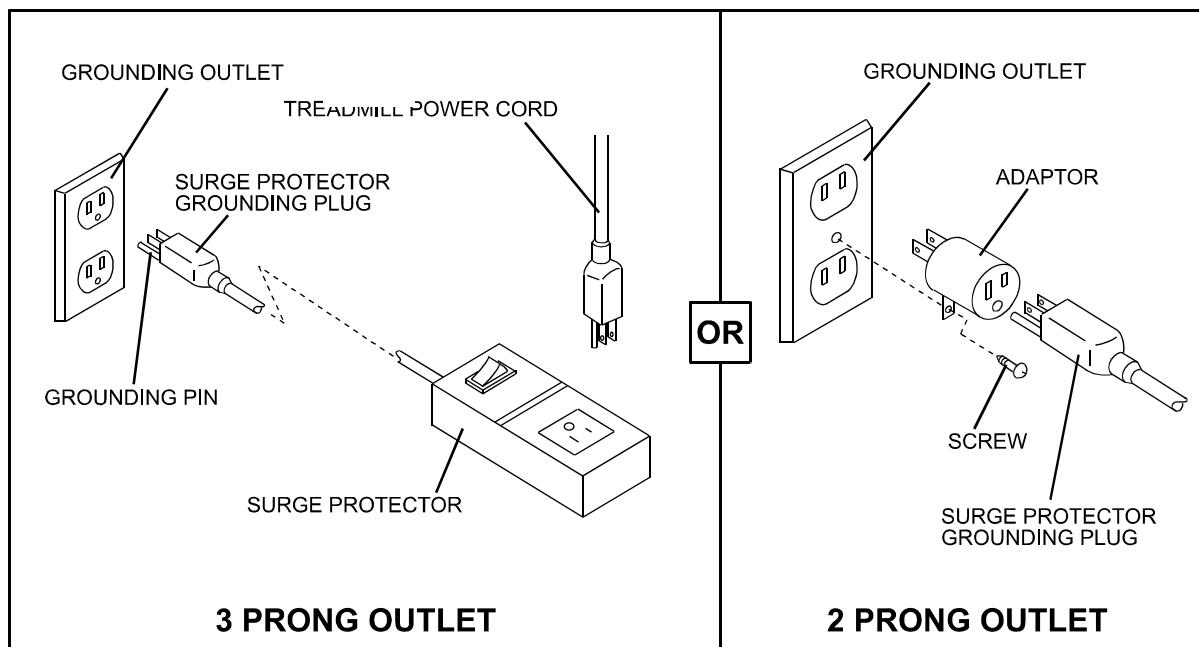
This AGILE Trainer can be seriously damaged by sudden voltage changes in your home's electrical power. Voltage spikes, surges and noise interference can result from weather conditions or from other appliances being turned on or off. To reduce the possibility of AGILE Trainer damage, always use a surge protector (not included) with your AGILE Trainer.

Surge protectors can be purchased at most hardware stores. The manufacturer recommends a single outlet surge protector with a UL 1449 rating as a Transient Voltage Surge Suppressor (TVSS) with a UL suppressed voltage rating of 400V or less and an electrical rating 110VAC, 15 amps.

This AGILE Trainer must be grounded to reduce the risk of electrical shock. Grounding provides a path of least resistance for electric current, should the AGILE Trainer malfunction. This AGILE Trainer is equipped with an electrical cord that has an equipment-grounding conductor and a grounding plug. Always plug the power cord into a surge protector, and plug the surge protector into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

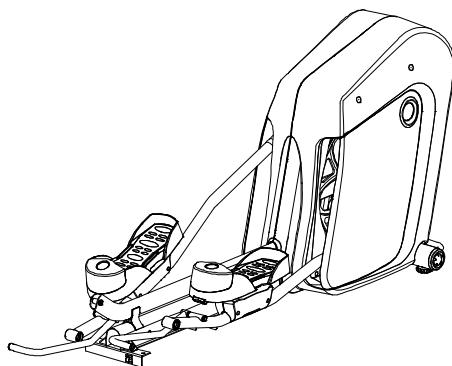
This product is for use on a nominal 110-volt circuit, and has a grounding plug that looks like the plug illustrated in the drawing below.

GFCI outlets and GFCI Circuit Breakers are NOT recommended for use on this product. GFCI outlets and GFCI Circuit Breakers may cause this equipment to function improperly.

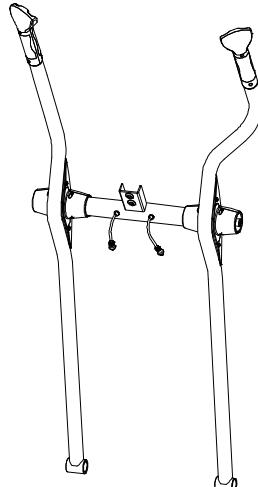


**SUPPLIED COMPONENTS**

This list identifies the major components you will use to assemble this product.

**BOX - A**

Main Frame Assembly



Handlebar Assembly

**BOX - B**

Fixed Handlebar



Base Frame

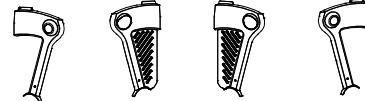


Undercarriage Cover



Console Support

[ 719 / 720 ]

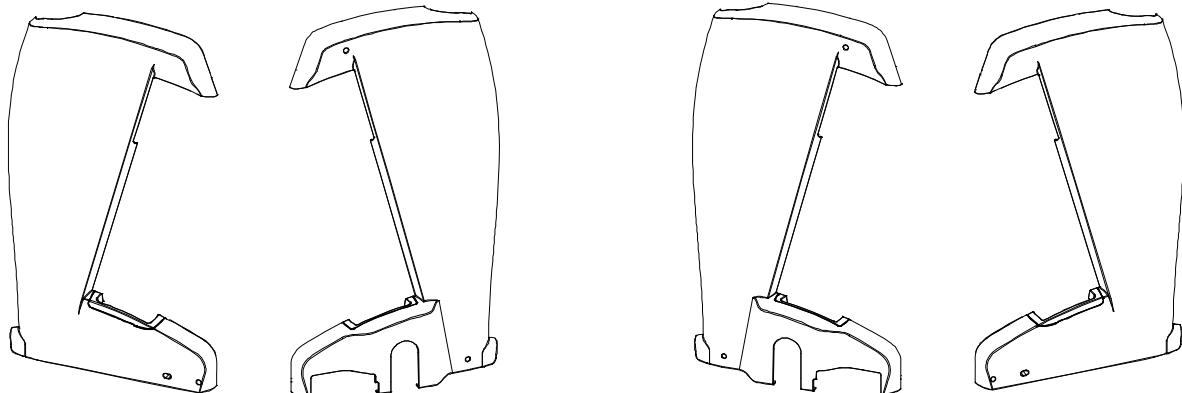
Upright-Left  
[ 110 ]Upright-Right  
[ 111 ]

Pivot Arm Cover

## SUPPLIED COMPONENTS

This list identifies the major components you will use to assemble this product.

## BOX - C



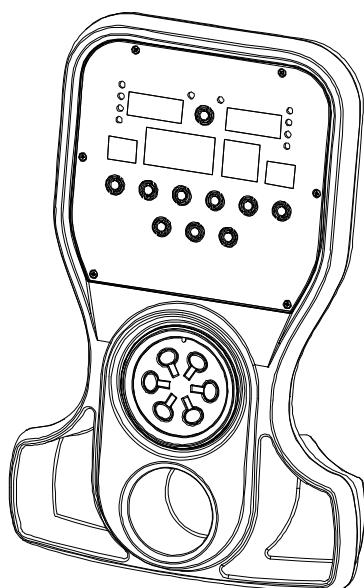
Front Side Panel

[ 709 / 710 ]

[ 712 / 711 ]

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## BOX - D



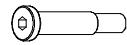
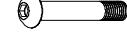
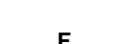
Computer

## SUPPLIED HARDWARE

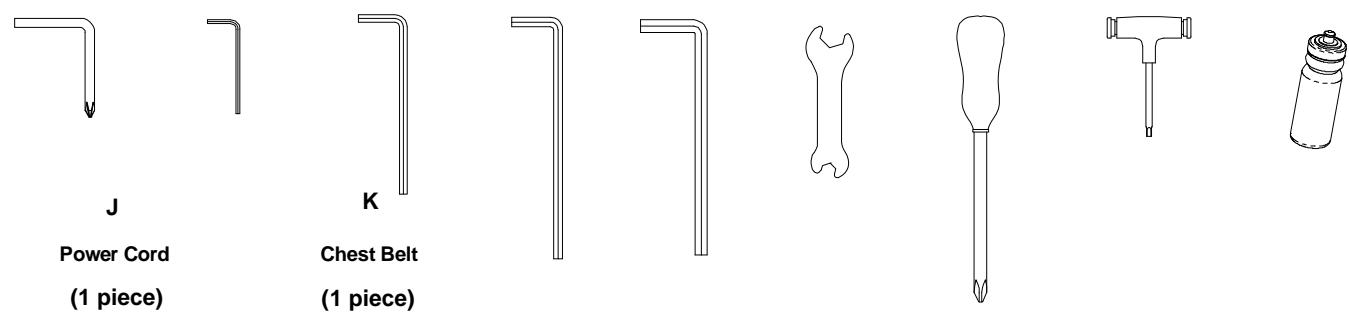
This list identifies the hardware you will use to assemble the product. To help distinguish between the various types of screws and bolts, use the scale below to measure them and compare them to the sizes listed.

## BOX - E

-  701 Upright Side Cover-Left
-  702 Upright Side Cover-Right
-  703 Console Back Cover
-  326 Taper Fixing Insert 4PCS
-  717 Pivot Cap 2PCS
-  718 Pivot Side Cap 2PCS
-  721 Pedal Arm Front Pivot 4PCS

501	 12 x 62 - M10 x 20mm Bolt	2PCS	509	 M6 x 40mm Screw	2PCS
502	 20 x 78 - M14 x 35mm Bolt	2PCS	510	 12 x 20 x 2 Spring Washer	2PCS
503	 M5 x 8mm Screw	2PCS	511	 M10 Nylon Nut	1PCS
504	 M8 x 20mm Allen Head Bolt	8PCS	512	 4 x 12mm Screw	10PCS
505	 M8 x 40mm Allen Head Bolt	2PCS	513	 4 x 19mm Screw	6PCS
506	 M8 x 65mm Allen Head Bolt	2PCS	514	 12 x 18 x 24.5mm Sleeve	2PCS
507	 M10 x 20mm Allen Head Bolt	4PCS	515	 12 x 22 x 2 Washer	2PCS
508	 M10 x 62mm Allen Head Bolt	1PCS	516	 M5 x 6mm Bolt	2PCS

A	B	C	D	E	F	G	H	I
Screwdriver-L (1 piece)	2.5mm Allen key (1 piece)	5mm Allen key (1 piece)	6mm Allen key (1 piece)	8mm Allen key (1 piece)	Wrench (1 piece)	Slotted Screwdriver (1 piece)	5mm Allen Wrench (1 piece)	Water Bottle (1 piece)



MILLIMETERS

**COMPLETE PARTS LIST**

Item No.	Description	Qty.	Part No.
<b>100</b>			
101	Fixed Handlebar	1	
102	Crossbar	1	
103	Console Support Tube	1	
104	Base Frame	1	
105	Main Frame	1	
106	Pedal Arm-Left	1	
107	Pedal Arm-Right	1	
108	Action Handlebar - Left	1	
109	Action Handlebar - Right	1	
110	Upright-Left	1	
111	Upright-Right	1	
112	Moving Linkage-Left	1	
113	Moving Linkage-Right	1	
114	Incline Frame	1	
115	Incline Transmission Tube-Front	1	
116	Incline Transmission Tube-Back	1	
117	Clamp Bracket	2	
118	Flywheel	1	
119	Tension Wheel Bracket	1	
120	Pedal Swing Arm	2	
<b>200</b>			
201	Bearing 6004	4	
202	Bearing 6005	2	
203	Bearing 6300	6	
204	Bearing 6804	4	
205	Bearing 2203	2	
206	Bearing 6205	4	
207	Bearing 608zz	8	
208	Action Handle Bar Shaft Bushing 2"x38-20	2	
209	Action Handle Bar Shaft Bushing 2"x38-9	2	
210	Elector-magnetic System	1	
211	Oil-Impregnated Bearing	2	
212	Clamp Bushing- Top	2	

## COMPLETE PARTS LIST

Item No.	Description	Qty.	Part No.
213	Clamp Bushing- Bottom	2	
214	Belt	1	
215	Aluminum Disk	1	
216	Crank	1	
217	Crank 25x186.7	1	
218	Crank Disk Axle	1	
219	Wheel	2	
220	Pedal Buffer Set	2	
221	Level Adjuster	2	
222	Crank Disk	1	
224	Action Handle Bar End Cap	2	
225	Hand Pulse Sensor Cover	2	
226	Oval Tube Cap	2	
227	Hand Pulse Sensor Back Cover	2	
228	Fixed Handlebar Foam Grip	2	
229	Electro-magnetic System Bracket	1	
230	Flywheel Axle Fixing Plate	1	
231	Speed Sensor Base	1	
232	Pedal Support Base	2	
233	Pedal Fixing Base	2	
234	Crank Disk Oval Cap	1	
235	Switch Fascia	1	
238	Bearing 2201	2	
239	5/16" Cable Tie	1	
240	1/8" Cable Tie	1	
241	3/8" Cable Tie	4	
242	Wheel Bushing	4	
243	Bearing 6000	3	
244	Self-adhesive Wire Clip	1	
249	3/16" Cable Tie	1	
250	1/4" Cable Tie	9	
251	Hand Grip Gasket	2	
<b>300</b>			
302	Rear Shroud-Left	1	
303	Rear Shroud-Right	1	
304	Rear Side Panel-Left	1	
305	Rear Side Panel-Right	1	

**COMPLETE PARTS LIST**

Item No.	Description	Qty.	Part No.
306	Switch Plate	1	
307	Pedal	2	
308	Toe Cap	2	
309	Pedal Soft Cushion	2	
310	Pedal Bushing Cover-Left	2	
311	Pedal Bushing Cover-Right	2	
312	Console Housing - Upper	1	
313	Console Housing – Bottom	1	
314	Console Plastic Cover	1	
315	Rubber Strip-4	4	
316	Rubber Strip-3	4	
317	Rubber Strip-2	4	
318	Rear Shroud Plug-1	2	
319	Rear Shroud Plug-2	2	
320	Rubber Strip-1	4	
321	Cable Plug	2	
322	Incline Transmission Tube Holder	1	
323	Moving Linkage Bushing	4	
324	Control Board Cover	1	
325	Pedal Swing Arm Cap	2	
326	Taper Fixing Insert	35	
327	Support Lump	1	
328	Oblong Cushion	2	
329	Circular Cushion	2	
330	Rubber Cushion – Front	2	
331	Rubber Cushion – Rear	2	
332	Fixing Insert	22	
333	Fixing Insert-Metal Inside	7	
336	Action Handlebar Bar Front Cover	4	
337	Action Handlebar Bar Cover	2	
338	Elbow-Left	2	
339	Elbow-Right	2	
340	Button	1	
341	Taper Fixing Insert-Metal Inside	3	

## COMPLETE PARTS LIST

Item No.	Description	Qty.	Part No.
<b>400</b>			
401	Fix Bolt	2	
402	25 x 10 x 55 - M10 x 15mm Bolt	2	
403	M5 x 8mm Allen Head Bolt	7	
404	M6 x 12mm Allen Head Bolt	11	
405	M8 x 15mm Allen Head Bolt	23	
406	M8 x 25mm Allen Head Bolt	2	
407	M10 x 20mm Allen Head Cap Bolt	4	
408	M10 x 40mm Allen Head Bolt	1	
409	M4 X 40mm Allen Head Cap Bolt	1	
410	M8 x 50mm Allen Head Cap Bolt	2	
411	M10 x 40mm Allen Head Cap Bolt	2	
412	M12 x 70mm Allen Head Cap Bolt	2	
414	M8 x 20mm Bolt	6	
415	M3 x 8mm Screw	2	
416	M8 x 65mm Allen Head Cap Bolt	2	
417	M6 x 12mm Allen Head Cap Bolt	2	
418	M8 x 16mm Allen Head Cap Bolt	4	
419	M8 x 90mm Allen Head Bolt	4	
421	M8 Nylon Nut	8	
422	M10 Nylon Nut	3	
423	M14 Nylon Nut	3	
424	M8 Blind Nut	2	
425	M6 x 15mm Screw	2	
426	3/4" x 16 Nut	2	
427	Flywheel Axle	1	
428	10 x 36mm Shaft	2	
429	12 x 210 - M14 x 70mm Shaft	1	
430	Bushing 12 x 60	4	
431	M4 x 15mm Screw	2	
432	4 x 12mm Screw	8	
433	Action Handlebar Shaft	1	

**COMPLETE PARTS LIST**

Item No.	Description	Qty.	Part No.
434	Pedal Arm Support Axle	2	
435	Crank Axle Bushing	2	
436	M10 C Clip	6	
437	M12 C Clip	2	
438	M42 C Clip	2	
439	10 x 18 x T1.0 Fiber Washer	2	
440	15 x 8 x T2.0 Spring Washer	11	
441	10 x 16 x T2.0 Spring Washer	7	
442	20 x 6 x T2.0 Washer	3	
443	32 x 6 x T2.0 Washer	1	
444	35 x 14 x T2.0 Washer	2	
445	10 x 18 x T5.1 Washer	4	
446	M3 x 8mm Screw	2	
447	M3 x 10mm Screw	18	
448	4 x 12mm Screw	47	
449	M2 x 6mm Screw	8	
450	4 x 12mm Screw	23	
451	M32 C Clip	2	
452	M4 x 45mm Screw	2	
453	M4 x 8mm Screw	4	
454	7 x 12 - M5 x 5mm Pin Nut	4	
456	10 x 23 x T2.0 Washer	4	
457	6 x 10 x 1 Spring Washer	2	
458	28.6 x 35.5 Bushing	2	
459	12 x 20 x 0.5 Washer	2	
460	12 x 20 x 2 PU Washer	2	
<b>500</b>			
501	12 x 62 - M10 x 20mm Bolt	2	
502	20 x 78 - M14 x 35mm Bolt	2	
503	M5 x 8mm Screw	2	
504	M8 x 20mm Allen Head Bolt	8	
505	M8 x 40mm Allen Head Bolt	2	
506	M8 x 65mm Allen Head Bolt	2	
507	M10 x 20mm Allen Head Bolt	4	
508	M10 x 62mm Allen Head Bolt	1	

**COMPLETE PARTS LIST**

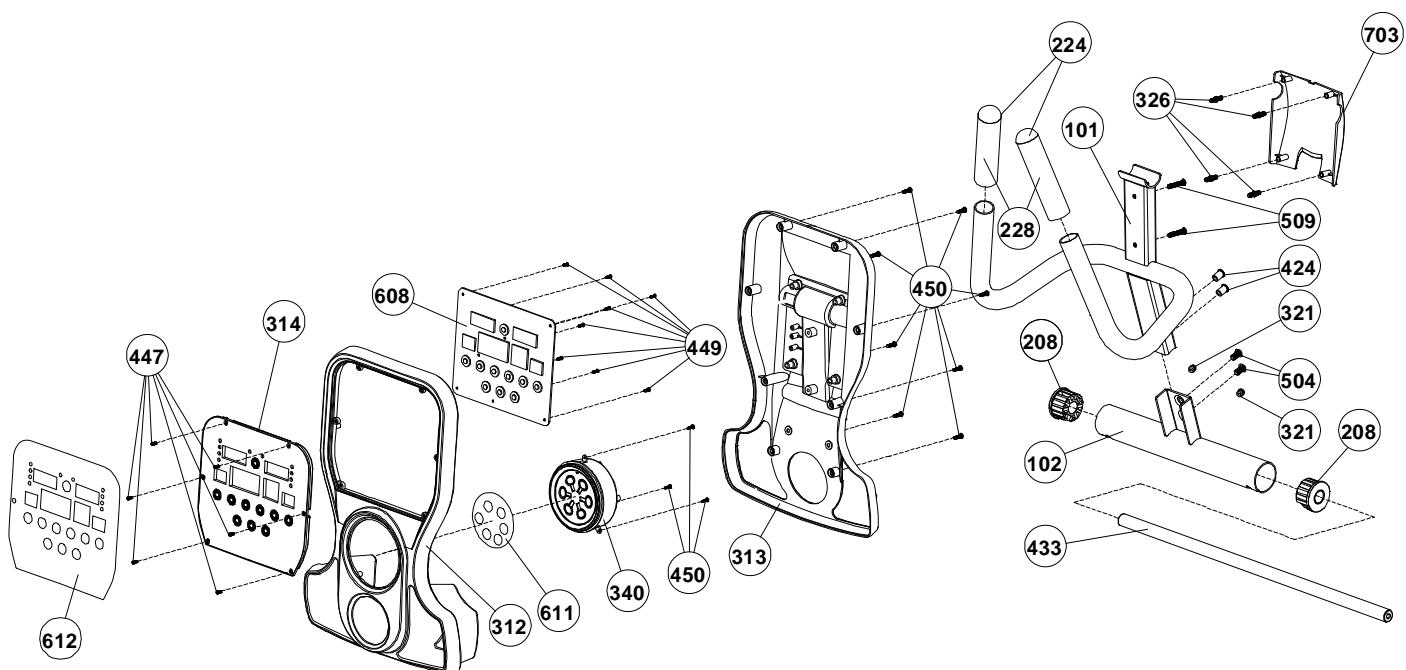
Item No.	Description	Qty.	Part No.
509	M6 x 40mm Screw	2	
510	12 x 20 x 2 Spring Washer	2	
511	M10 Nylon Nut	1	
512	4 x 12mm Screw	10	
513	4 x 19mm Screw	6	
514	12 x 18 x 24.5mm Sleeve	2	
515	12 x 22 x 2 Washer	2	
516	M5 x 6mm Bolt	2	
<b>600</b>			
601	Speed Sensor	1	
602	Magnetic Sensor	1	
603	Power Switch	1	
604	Power Breaker	1	
605	Power Insert Set	1	
606	Receiver	1	
607	Transformer	1	
608	Computer PC Board	1	
609	Elevation Motor	1	
610	Control Board	1	
611	Button Sticker	1	
612	Overlay	1	
613	Electro-magnetic Wire	1	
614	Power Connect Wire	3	
615	8Pin Power Wire-Top 200mm	1	
616	8Pin Power Wire-Upper 1000mm	1	
617	8Pin Power Wire-Middle 900mm	1	
618	8Pin Power Wire-Lower 800mm	1	
619	8Pin Power Wire-Bottom 2700mm	1	
620	3C Power Wire 1000mm	1	
621	Hand Pulse Sensor Wire-Top 350mm	2	
622	Hand Pulse Sensor Wire-Upper 620mm	2	
623	Hand Pulse Sensor Wire-Lower 650mm	2	
624	Receiver Wire 350mm	1	
626	Control Board Connect Wire 250mm	1	

**COMPLETE PARTS LIST**

Item No.	Description	Qty.	Part No.
<b>700</b>			
701	Upright Side Cover-Left	1	
702	Upright Side Cover-Right	1	
703	Console Back Cover	1	
704	Pivot Arm Cover-LL	1	
705	Pivot Arm Cover-LR	1	
706	Pivot Arm Cover-RR	1	
707	Pivot Arm Cover-RL	1	
708	Pivot Arm Insert	2	
709	Front Side Panel-LL	1	
710	Front Side Panel-LR	1	
711	Front Side Panel-RR	1	
712	Front Side Panel-RL	1	
713	Front Side Frame-LL	1	
714	Front Side Frame-LR	1	
715	Front Side Frame-RR	1	
716	Front Side Frame-RL	1	
717	Pivot Cap	2	
718	Pivot Side Cap	2	
719	Undercarriage Cover-Left	1	
720	Undercarriage Cover-Right	1	
721	Pedal Arm Front Pivot Cover	4	
A	Screwdriver-L	1	
B	2.5mm Allen Key	1	
C	5mm Allen Key	1	
D	6mm Allen Key	1	
E	8mm Allen Key	1	
F	14 x 17 Wrench	1	
G	Slotted Screwdriver	1	
H	5mm Allen Wrench	1	
I	Water Bottle	1	
J	Power Cord	1	
K	Chest Belt	1	

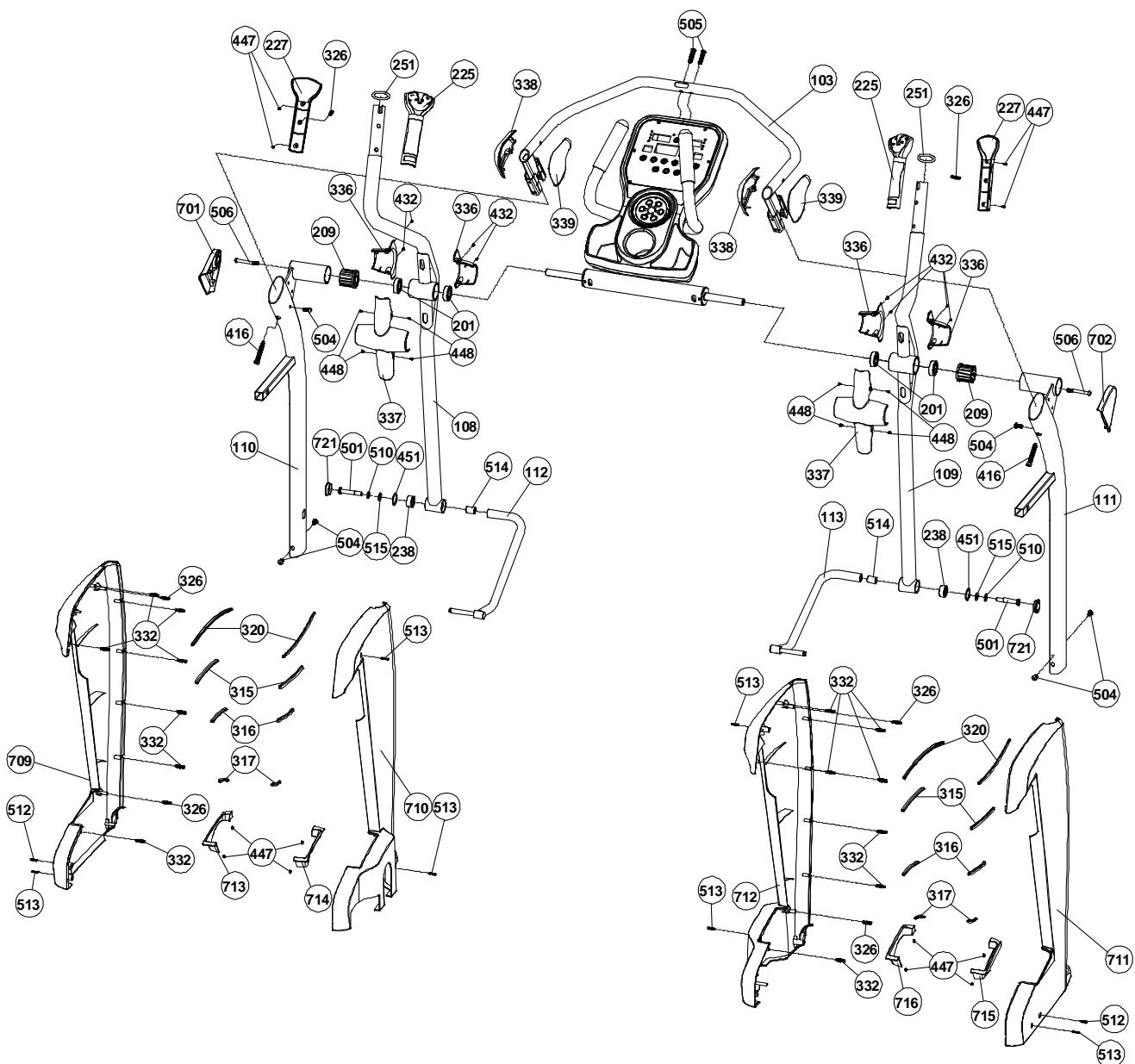
**PARTS DIAGRAM**

MOST OF THE PARTS SHOWN HERE HAVE BEEN PRE-ASSEMBLED.



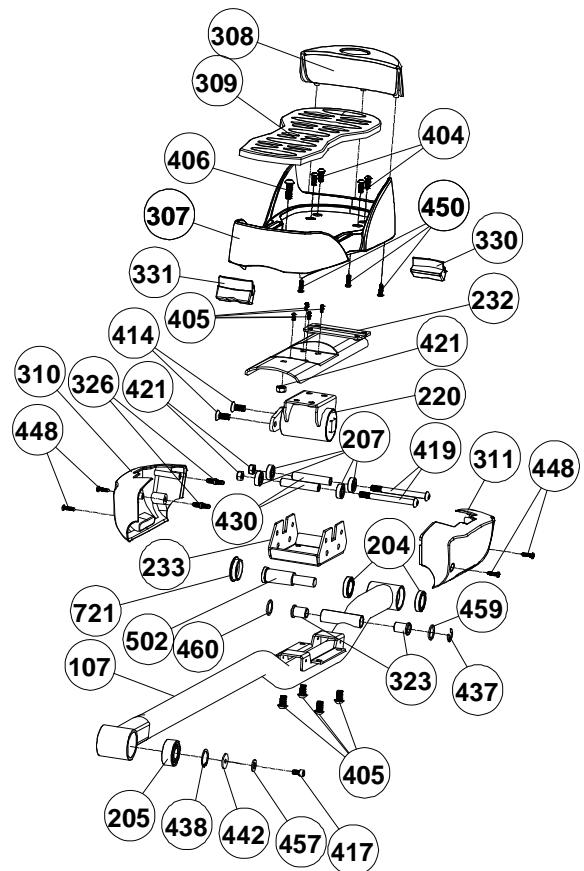
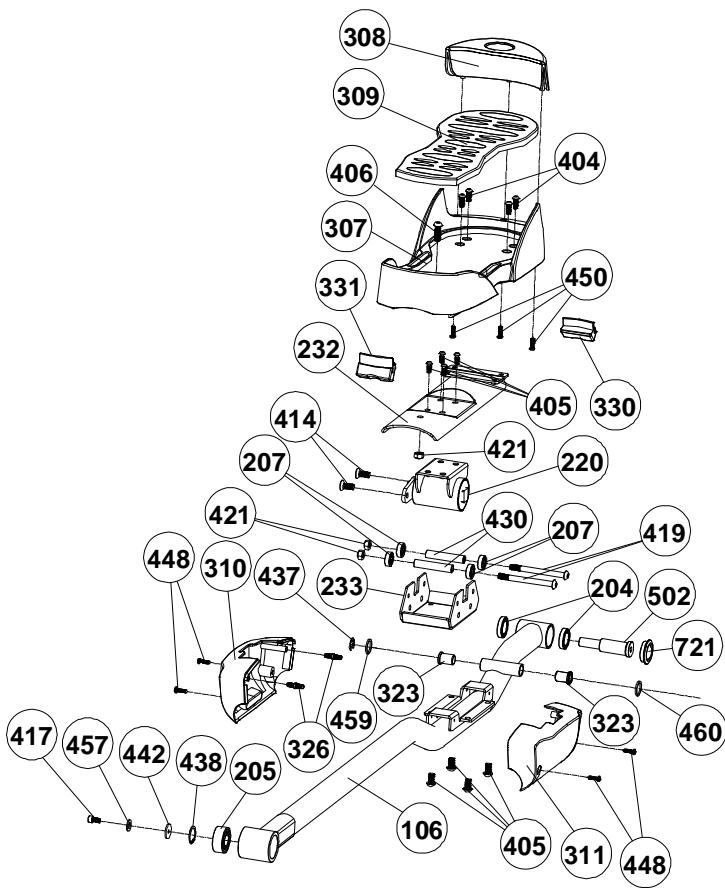
## PARTS DIAGRAM

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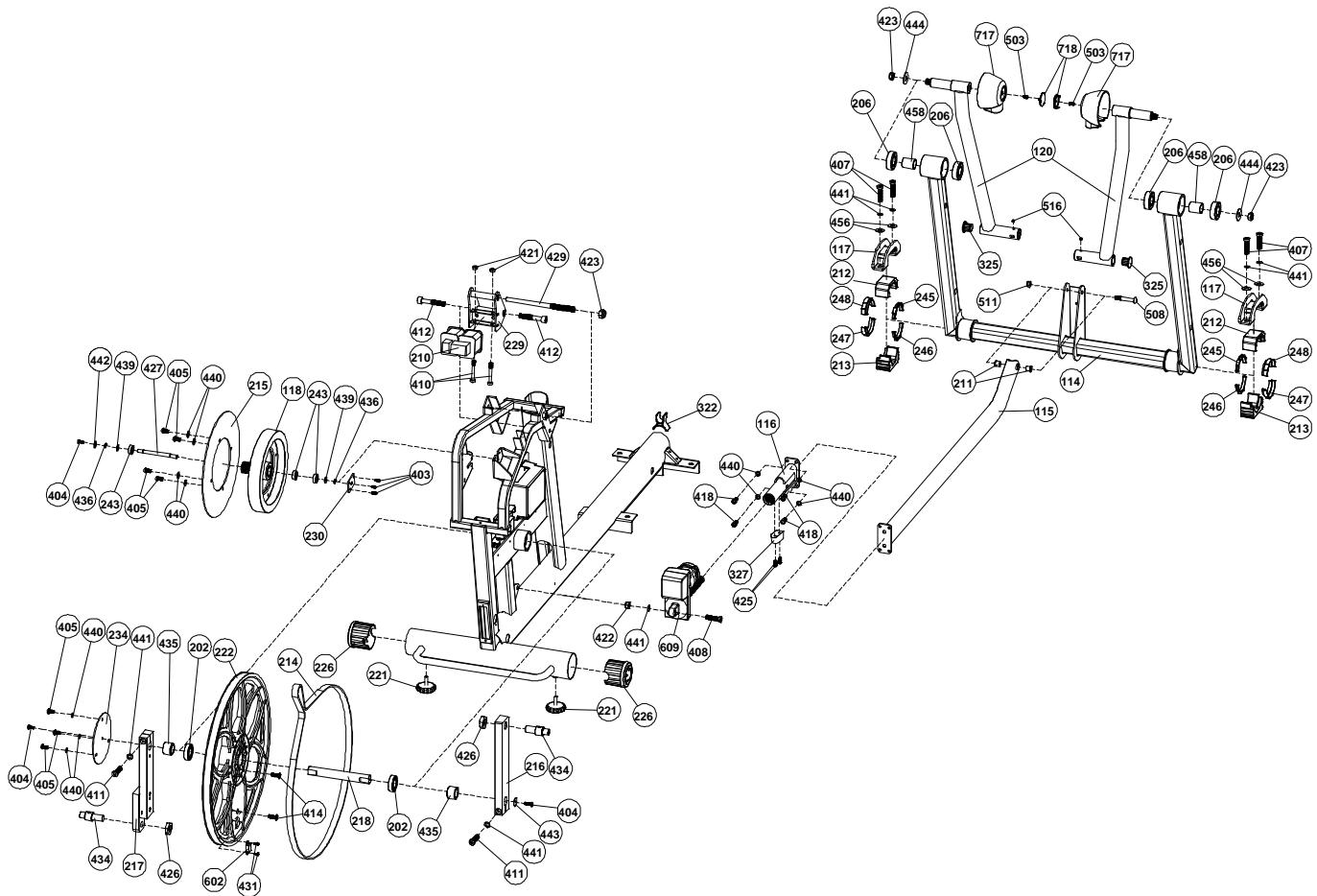
## PARTS DIAGRAM

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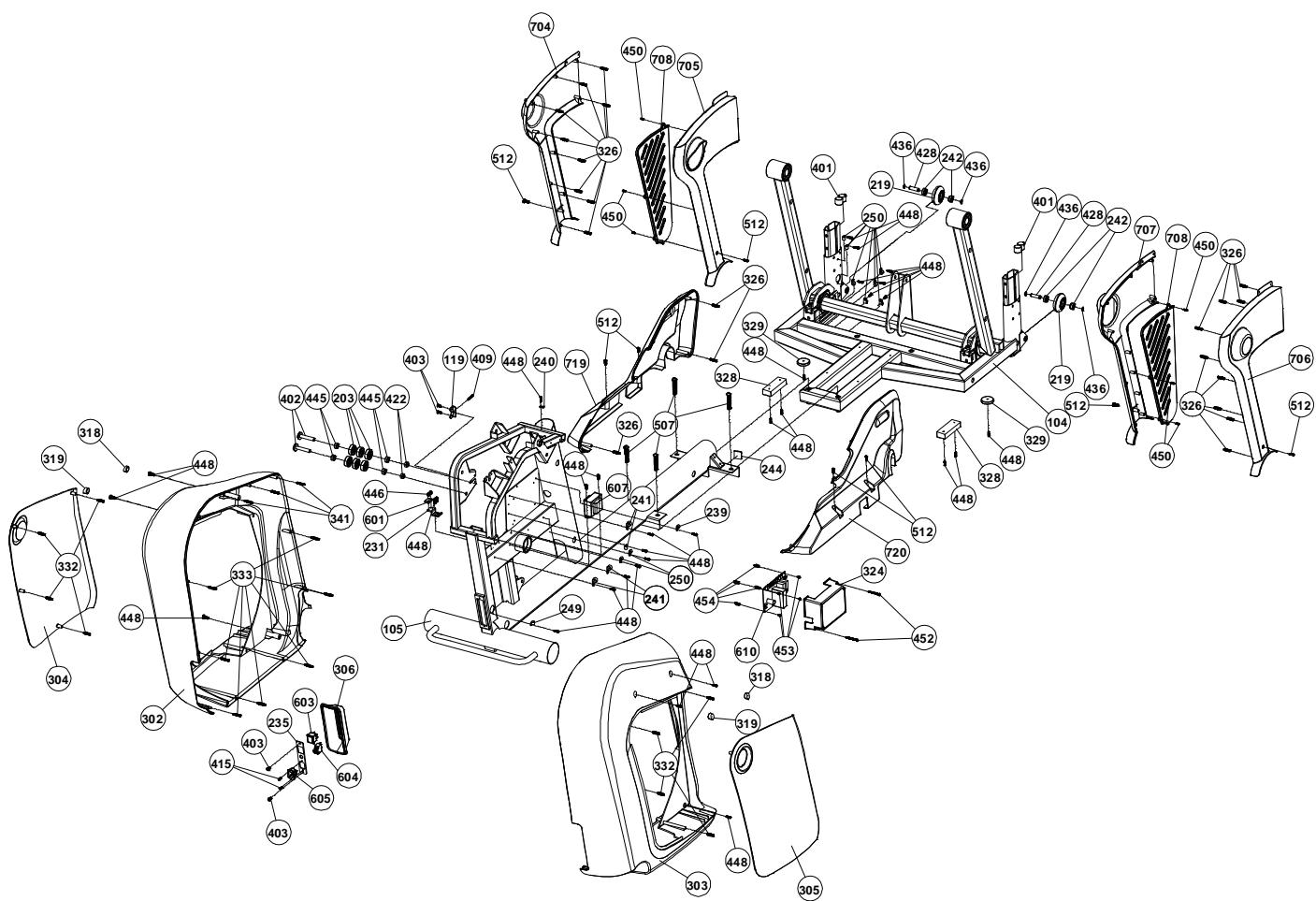
## PARTS DIAGRAM

**MOST OF THE PARTS SHOWN HERE HAVE BEEN PRE-ASSEMBLED.**



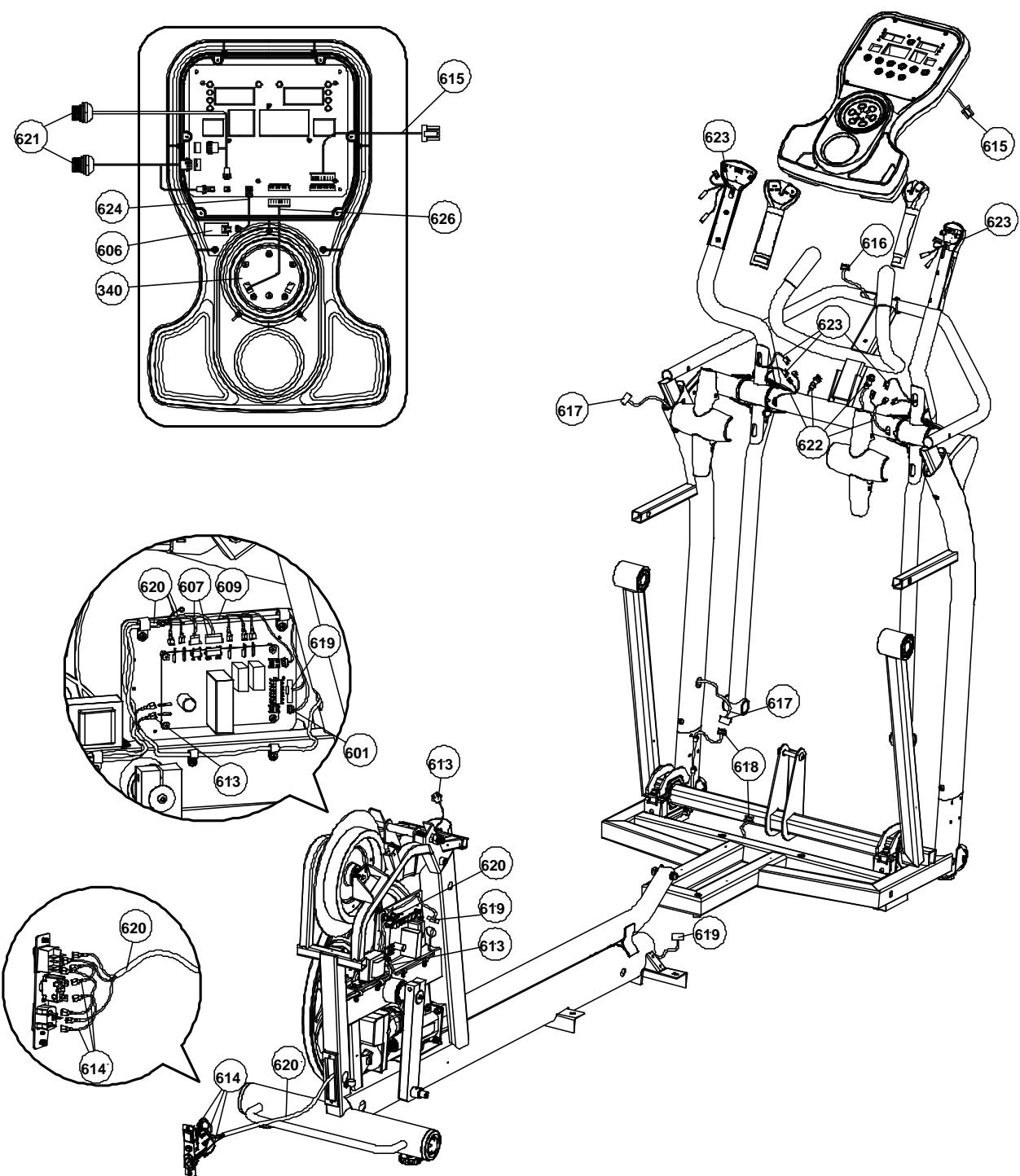
## PARTS DIAGRAM

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**PARTS DIAGRAM**

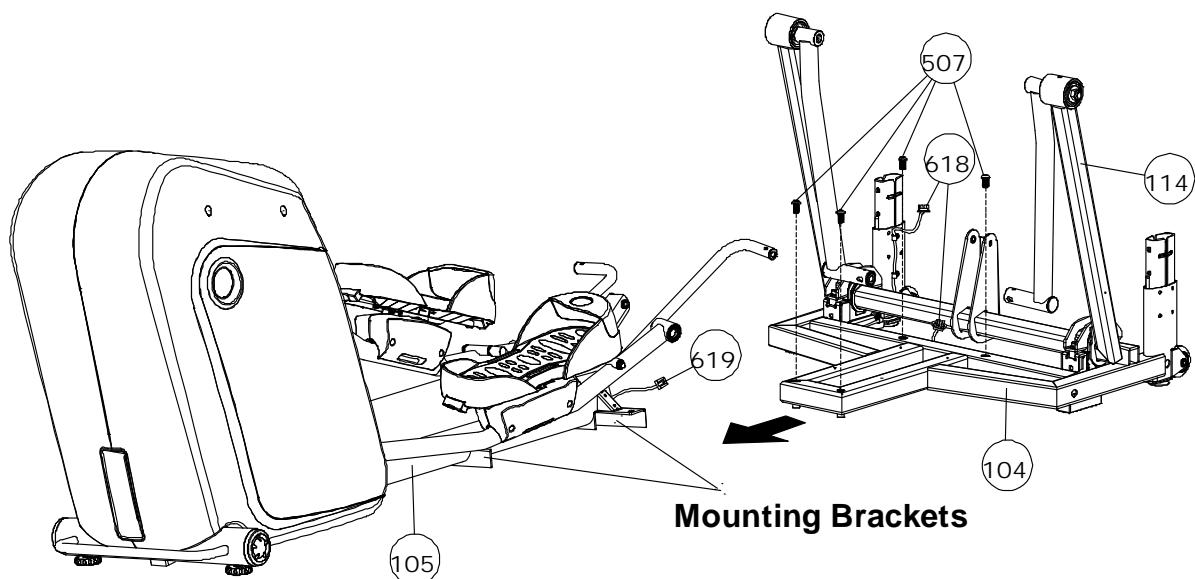
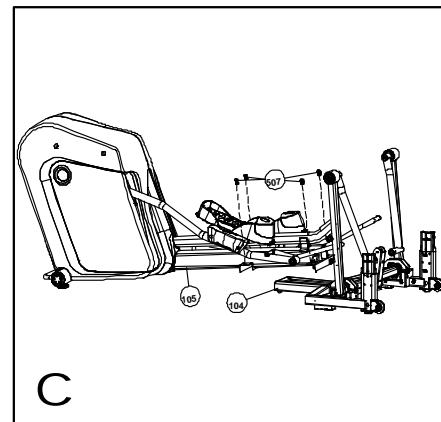
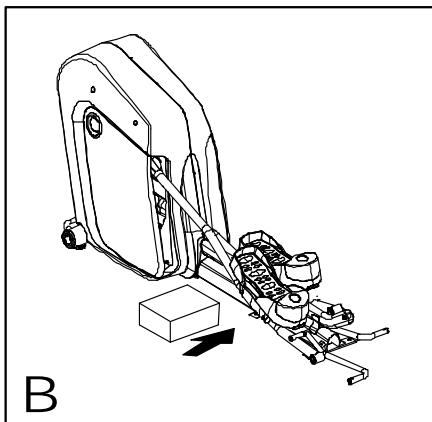
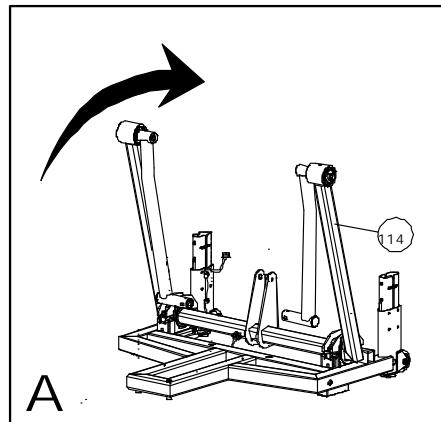
MOST OF THE PARTS SHOWN HERE HAVE BEEN PRE-ASSEMBLED.



**ASSEMBLY****STEP 1: Connect the Main Frame to Base Frame**

- (A) Rotate Incline Frame (114) up to vertical position.
- (B) Place cardboard block under Main Frame tube to provide clearance to position Base Frame (104) for assembly.
- (C) Position Base Frame (104) under mounting bracket of the Main Frame (105) and align the 4 hole bolt pattern.
- (D) Remove cardboard block and lower Main Frame (105) onto Base Frame (104). Mounting Brackets should seat fully onto Base Frame (104). Secure using four (4) M10 x 20mm Allen Head Bolts (507).

507 X4

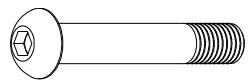


## ASSEMBLY

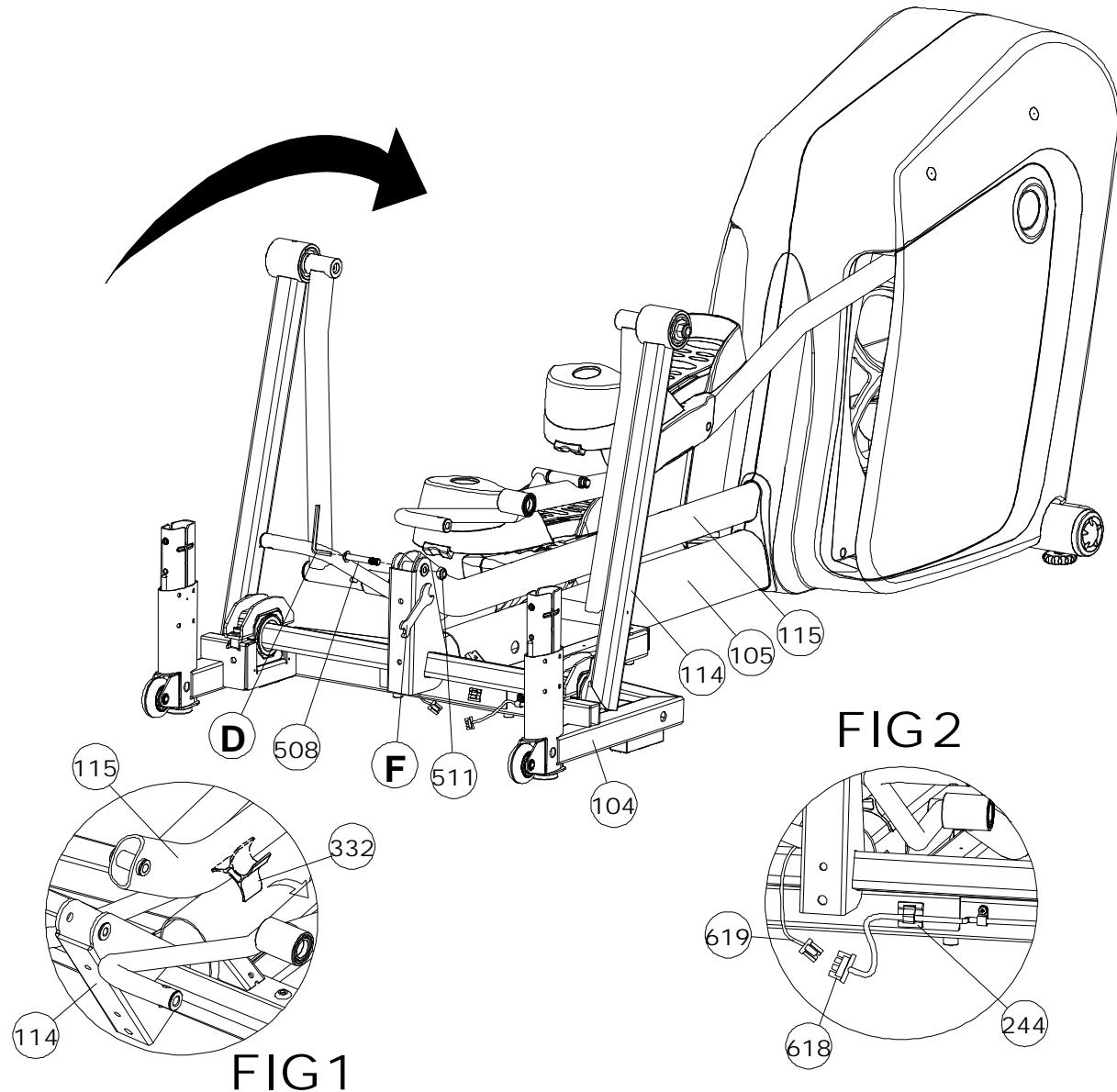
### STEP 2: Connect the Incline Transmission Tube

- (A) Remove the Incline Transmission Tube Holder (322), and discard.
- (B) Rotate the Incline Frame (114) to align the bolt holes with the mating bolt holes in the Incline Transmission Tube-Front (115).
- (C) Assemble the Incline Transmission Tube-Front (115) to the Base Frame (104) with M10 x 62mm Allen Head Bolt (508) and M10 Nylon Nut (511) by 6mm Allen Key (D) and Wrench (F).
- (D) Connect the 8Pin Power Wire-Lower (618) to the 8Pin Power Wire -Bottom (619) , and fixed the wire into the Self-adhesive Wire Clip (244).

508 X1



511 X1



# **ASSEMBLY**

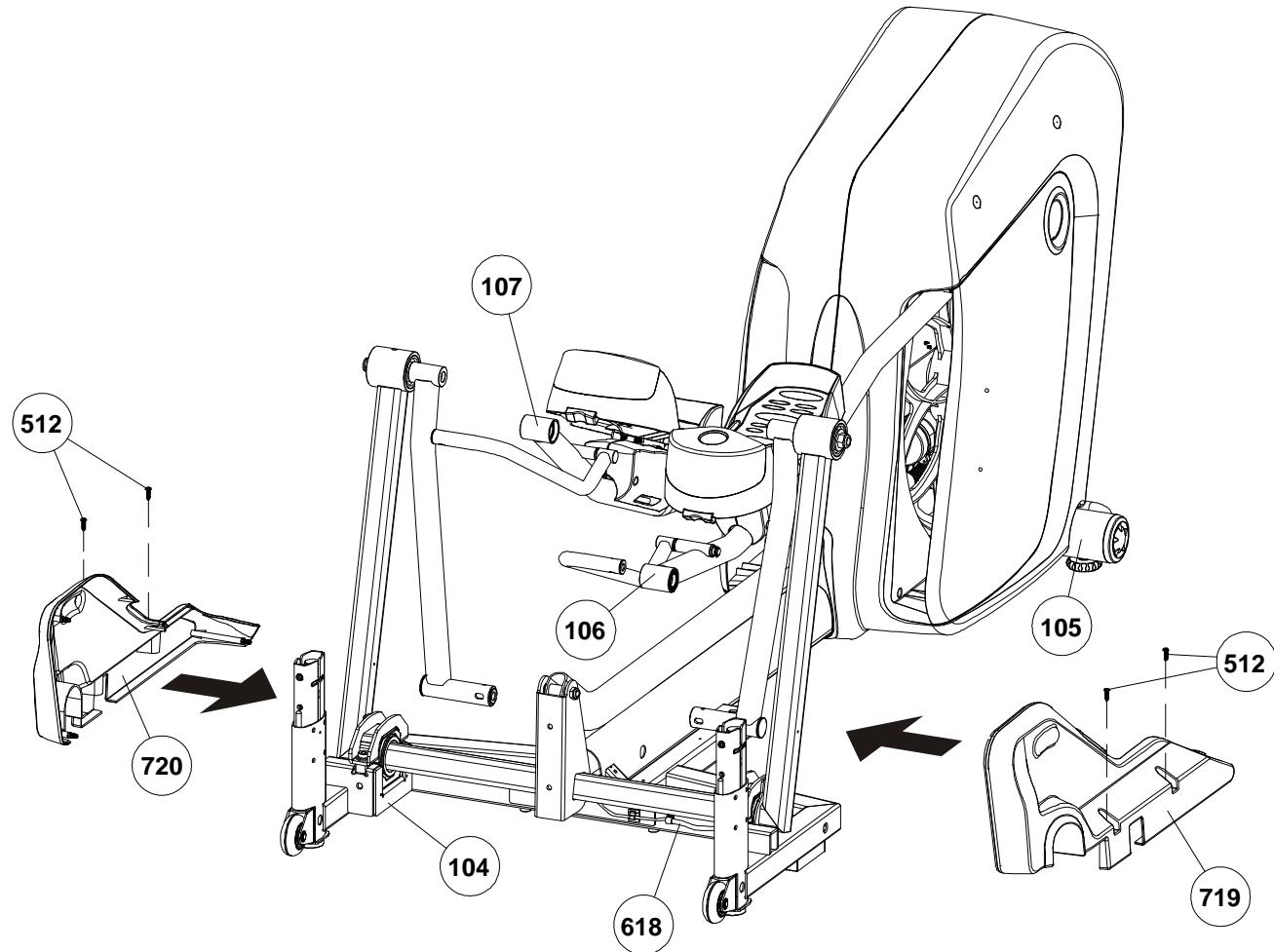
### **STEP 3: Assemble the Undercarriage Covers**

**NOTE : THE UNDERCARRIAGE COVER-LEFT(719) FITS OVER THE 8PIN POWER WIRE-LOWER (618). BE CAREFUL NOT TO DISCONNECT THE WIRE WHEN ASSEMBLING THE UNDERCARRIAGE COVER -LEFT (719).**

(A) Lift the Pedal Arm and assemble the Undercarriage Cover-Left (719) to the Base Frame (104), and secure using four 4 x 12 Screws (510).

(B) Repeat the above procedure to assemble the right side.

**512 X4**



## ASSEMBLY

### STEP 4: Assemble the Upright

**NOTE: 1. DO NOT TIGHTEN THE M8 x 20mm ALLEN HEAD BOLT WHEN YOU ASSEMBLE THE UPRIGHT TO THE BASE FRAME.**

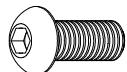
(A) Assemble the Upright-Left (110) and Upright-Right (111) to the Handlebar assembly and secure using two M8 x 56mm Allen Head Bolts (506).  
**Do not completely tighten M8 x 56mm Allen Head Bolts until step C.**

(B) Insert the Upright Assembly to the Base Frame (104) and secure with four M8 x 20mm Allen Head Bolts (504).

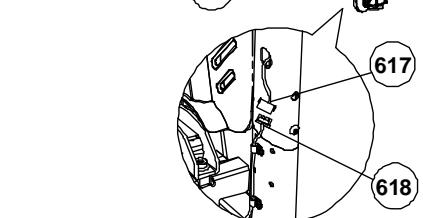
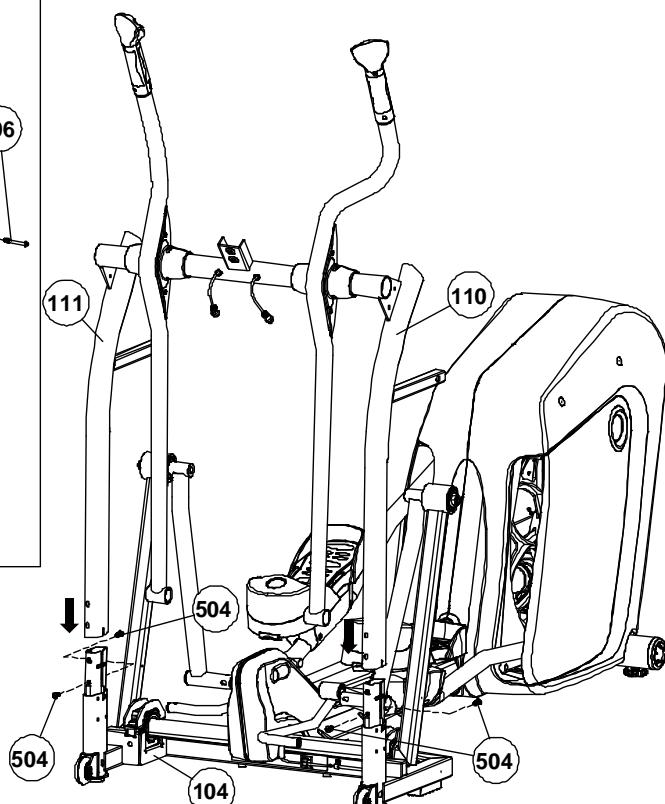
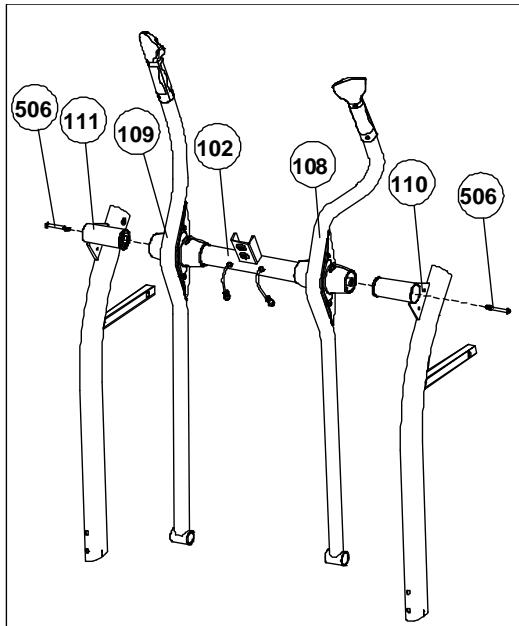
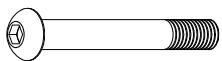
(D) Tighten the M8 x 56mm Allen Head Bolt (505).

(C) Connect the 8Pin Power Wire-Lower (618) to the 8Pin Power Wire-Middle (617).

**504 X4**



**506 X2**



## ASSEMBLY

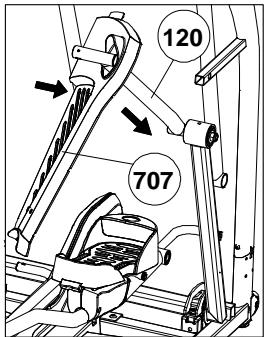
### STEP 5: Attach the Pivot Arm Covers

- (A) Thread the free end of the Pedal Swing Arm (120) through the hole in the Pivot Arm Cover-RL (707) and maneuver the Pivot Arm Cover-RL (120) to its final upright position. See the illustrations in STEP1, STEP2, and STEP3.
- (B) Assemble the Pivot Arm Cover-RR (706) and the Pivot Arm Cover (707) using the press-fit pins and secure to the frame using two 4 x 12mm Screws (512).
- (C) Repeat the above procedure to assemble the left side.

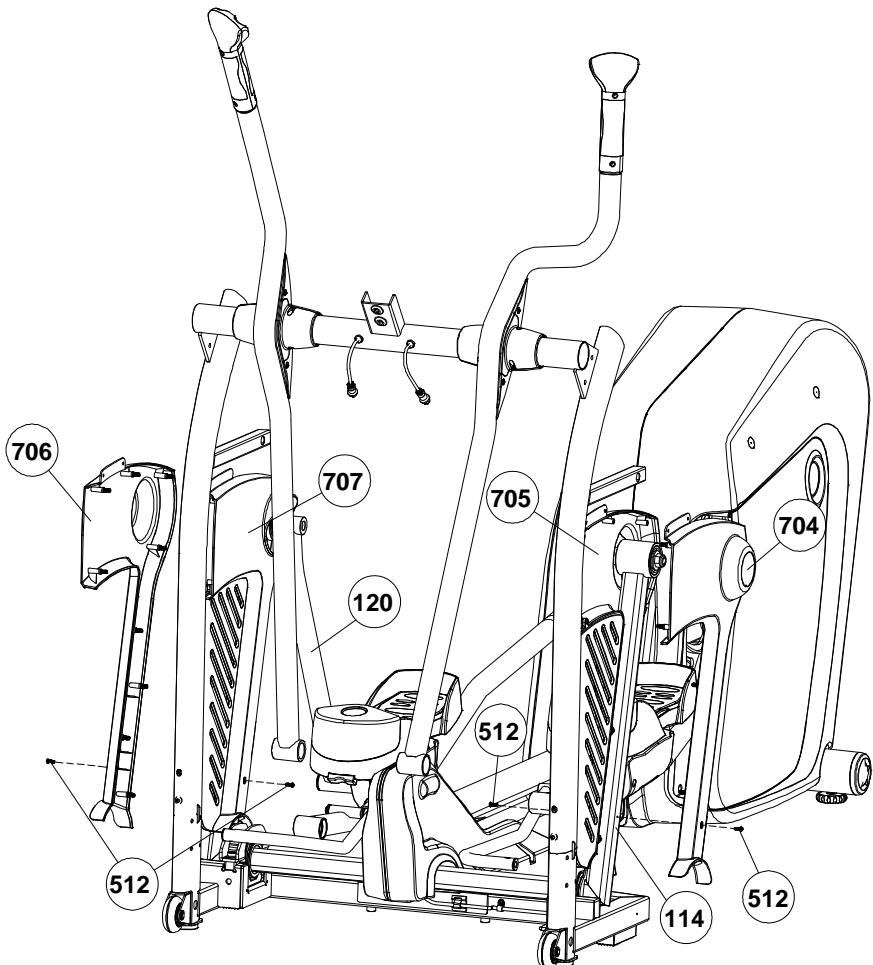
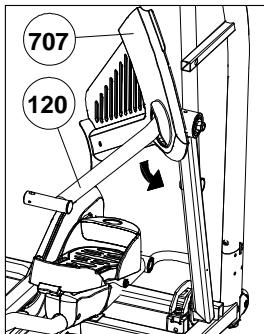
**512 X4**



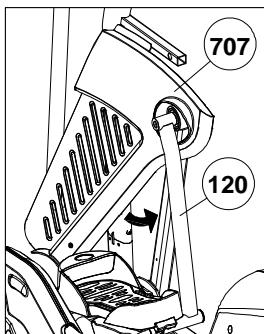
### STEP1



### STEP2



### STEP3



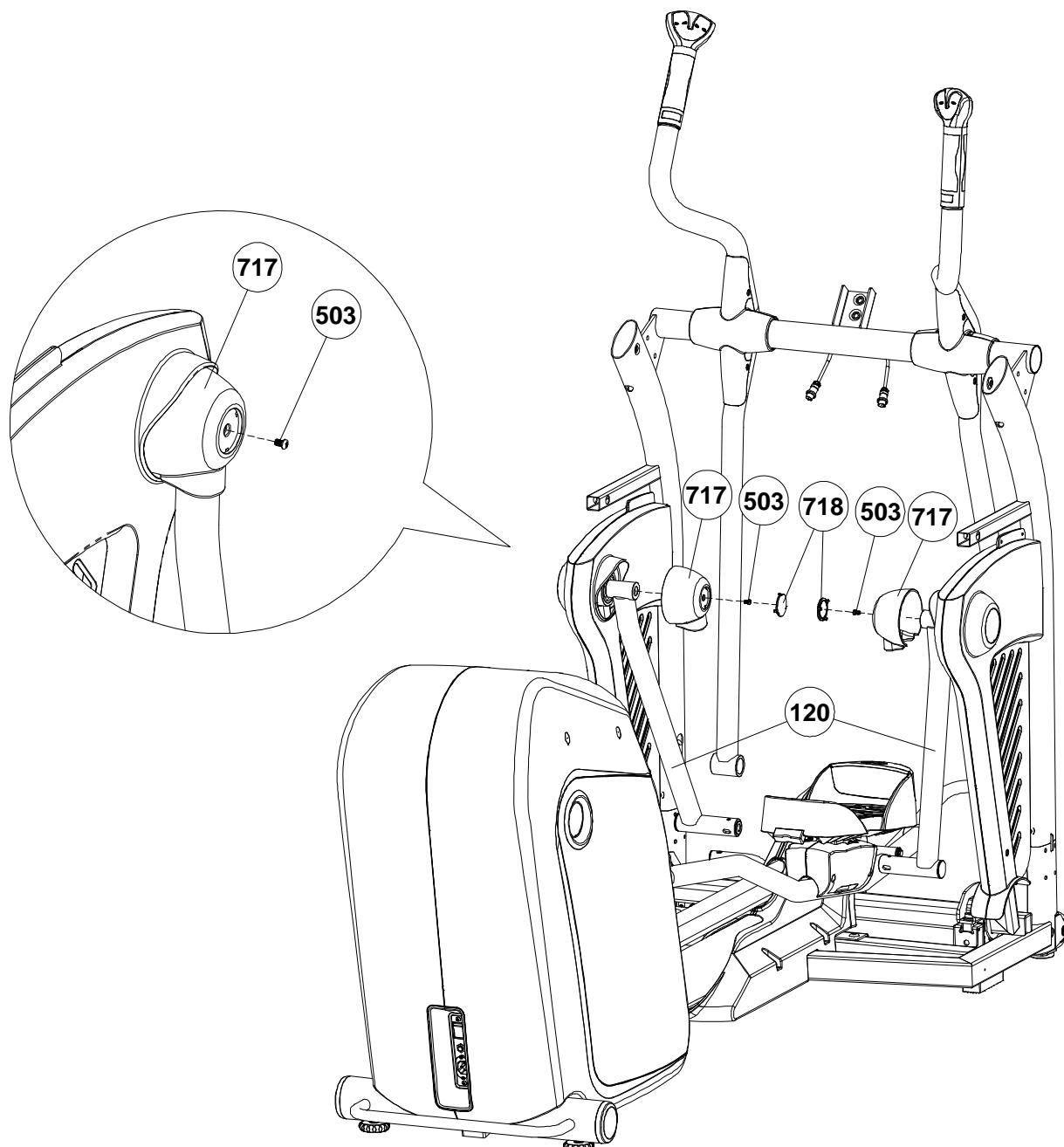
**ASSEMBLY****STEP 6: Assemble the Pivot Cap**

**NOTE: ALIGN THE 3 SNAP FIT TABS ON THE PEDAL SIDE CAPS (718) WITH THE 3 SPAP FIT ON THE PEDAL CAPS (717).**

(A) Assemble the Pivot Cap (717) to the Pedal Swing Arm (120) and secure using the M5 x 8mm Screw (503).

(B) Press the Pedal Side Cap (718) to the Pedal Cap (717).

503	X2	
717	X2	
718	X2	



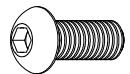
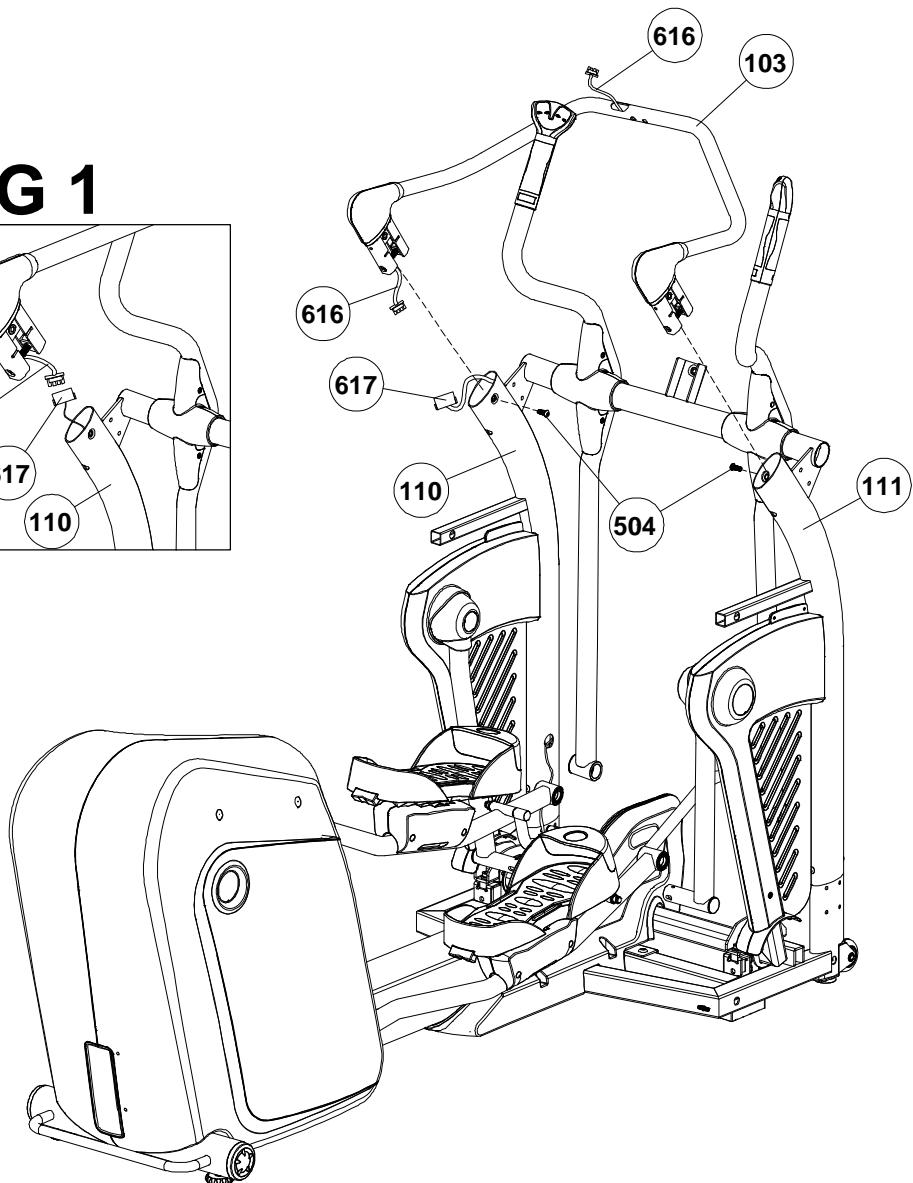
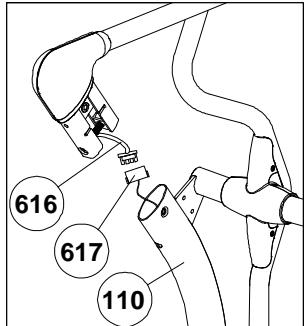
**ASSEMBLY****STEP 6: Assemble the Console Support Tube**

**NOTE: INSERT BOTH ENDS OF THE CONSOLE SUPPORT TUBE-FRONT AT THE SAME TIME.**

(A) Connect the 8Pin Power Wire-Upper (616) to the 8Pin Power Wire-Middle (617).

(B) Assemble the Consol Support Tube (103) to the Upright and Secure using the M8 x 20mm Allen Head Bolt (504).

**504 X2**

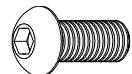
**FIG 1**

## ASSEMBLY

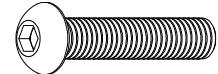
### STEP 8: Assemble the Fixed Handlebar

(A) Assemble the Fixed Handlebar (101) to the Console Support Tube (103) and Crossbar (102).

**504 X2**

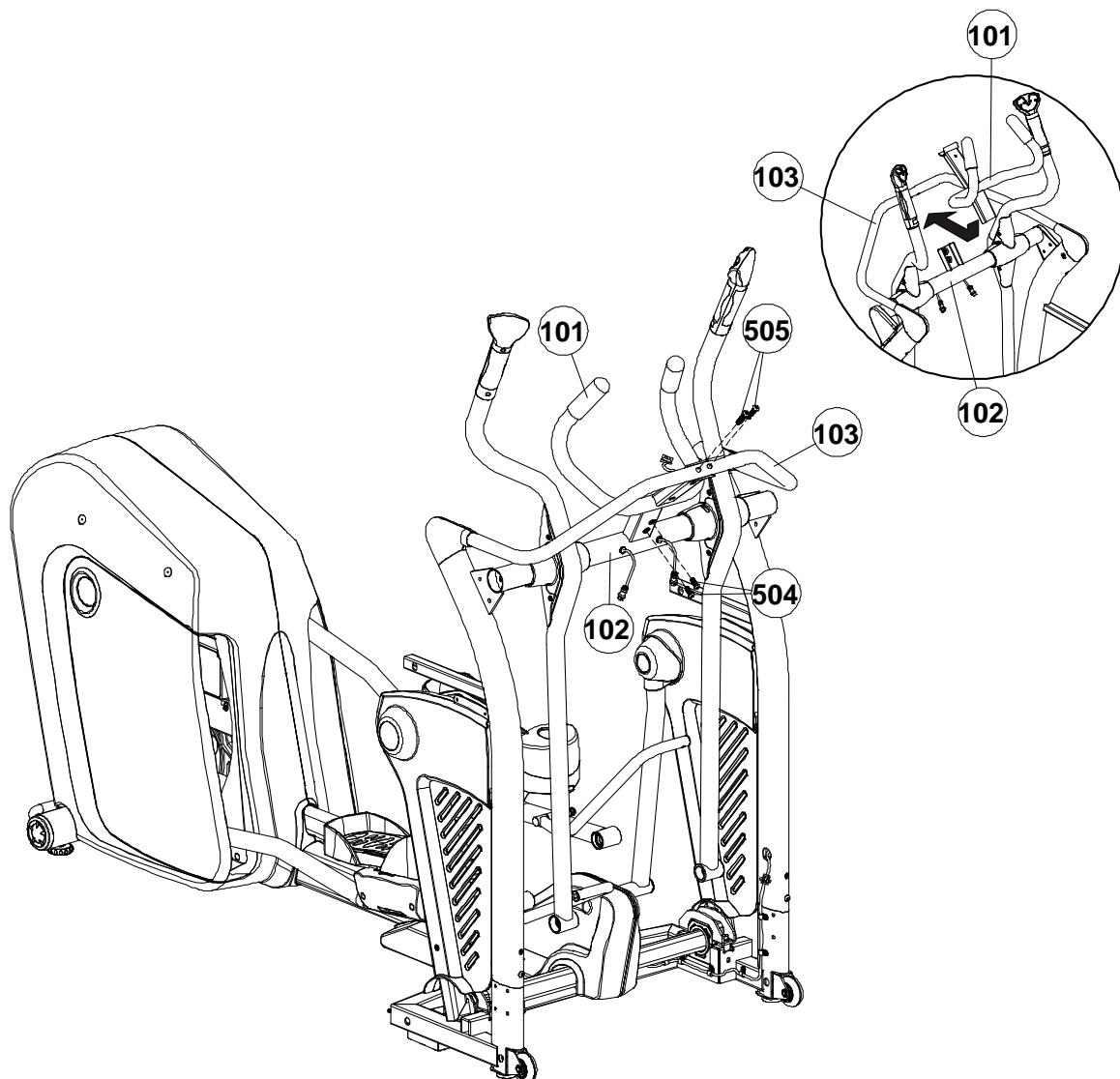


**505 X2**



(B) Secure the Fixed Handlebar (101) to the Crossbar (102) with two M8 x 20mm Allen Head Bolts (504).

(C) Secure the Fixed Handlebar (101) to the Console Support Tube (103) with two M8 x 40mm Allen Head Bolts (505).



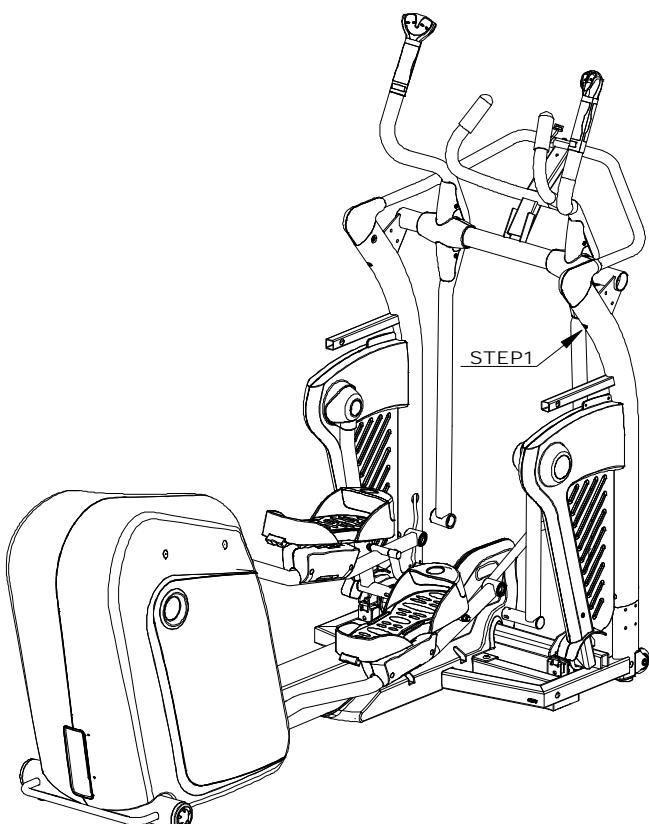
## ASSEMBLY

### STEP 9: Tighten all Bolts

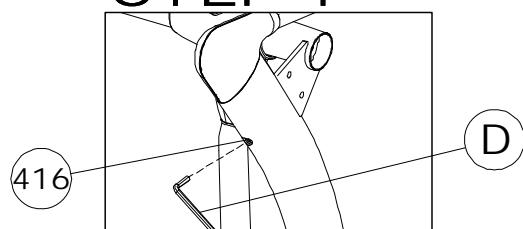
(A) Tighten the M8 x 65mm Allen Head Cap Bolt by 6mm Allen Key (D) as show in STEP1.

(B) Tighten the M8 x 20mm Allen Head Bolt (504) by 5mm Allen Key (C) as show in STEP2.

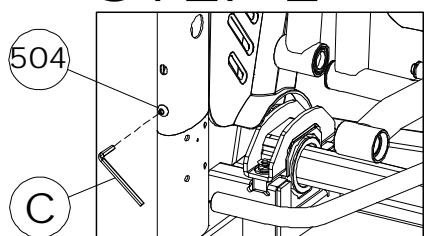
(C) Tighten the Fix Bolt (401) by 5mm Allen Key (C) as show in STEP3.



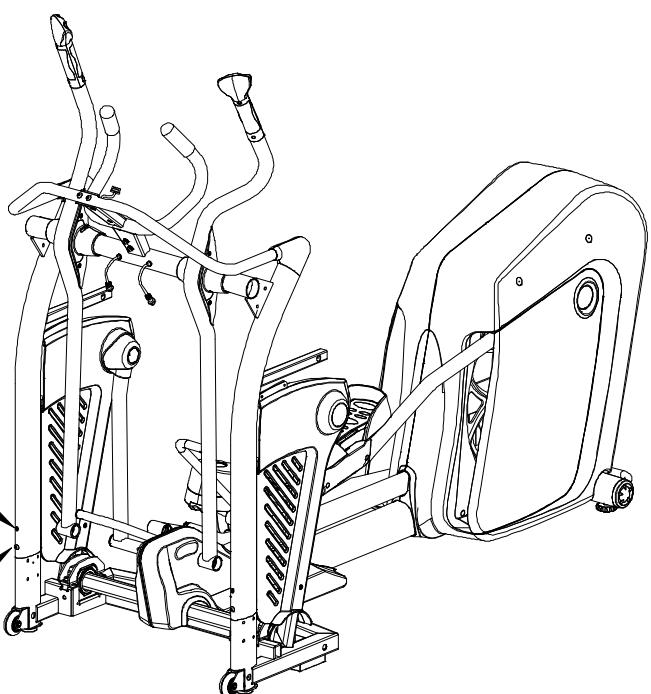
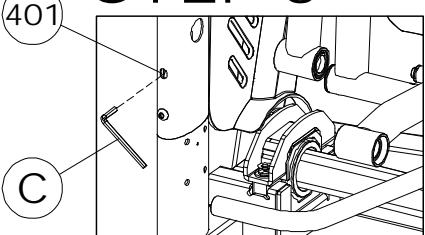
STEP 1



STEP 2



STEP 3



## ASSEMBLY

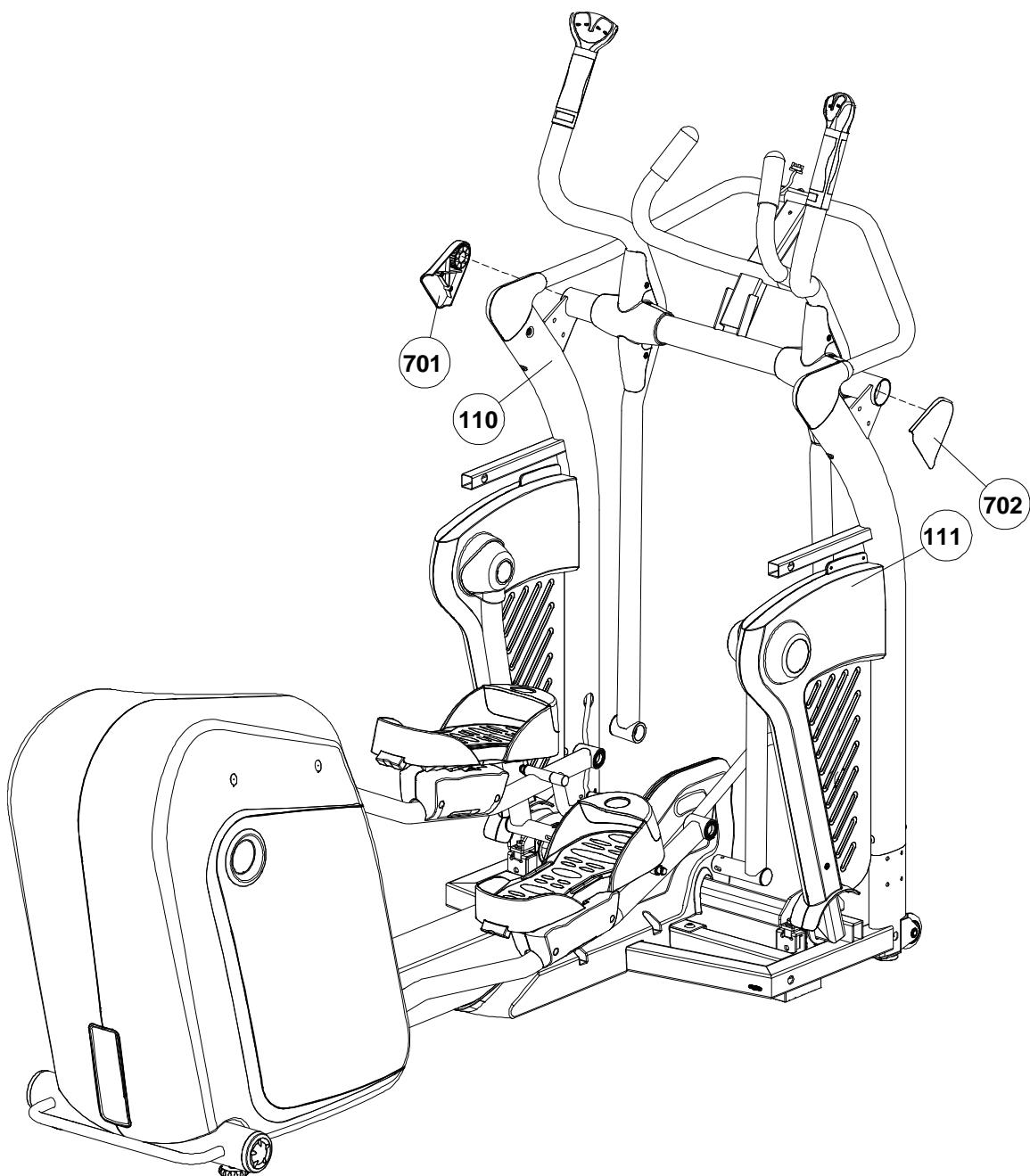
### STEP 10: Assemble Upright Side Covers

(A) Press the Upright Side Cover-Left (701) and Upright Side Cover-Right (702) into the Upright sides.

701 X1



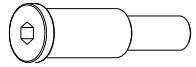
702 X1



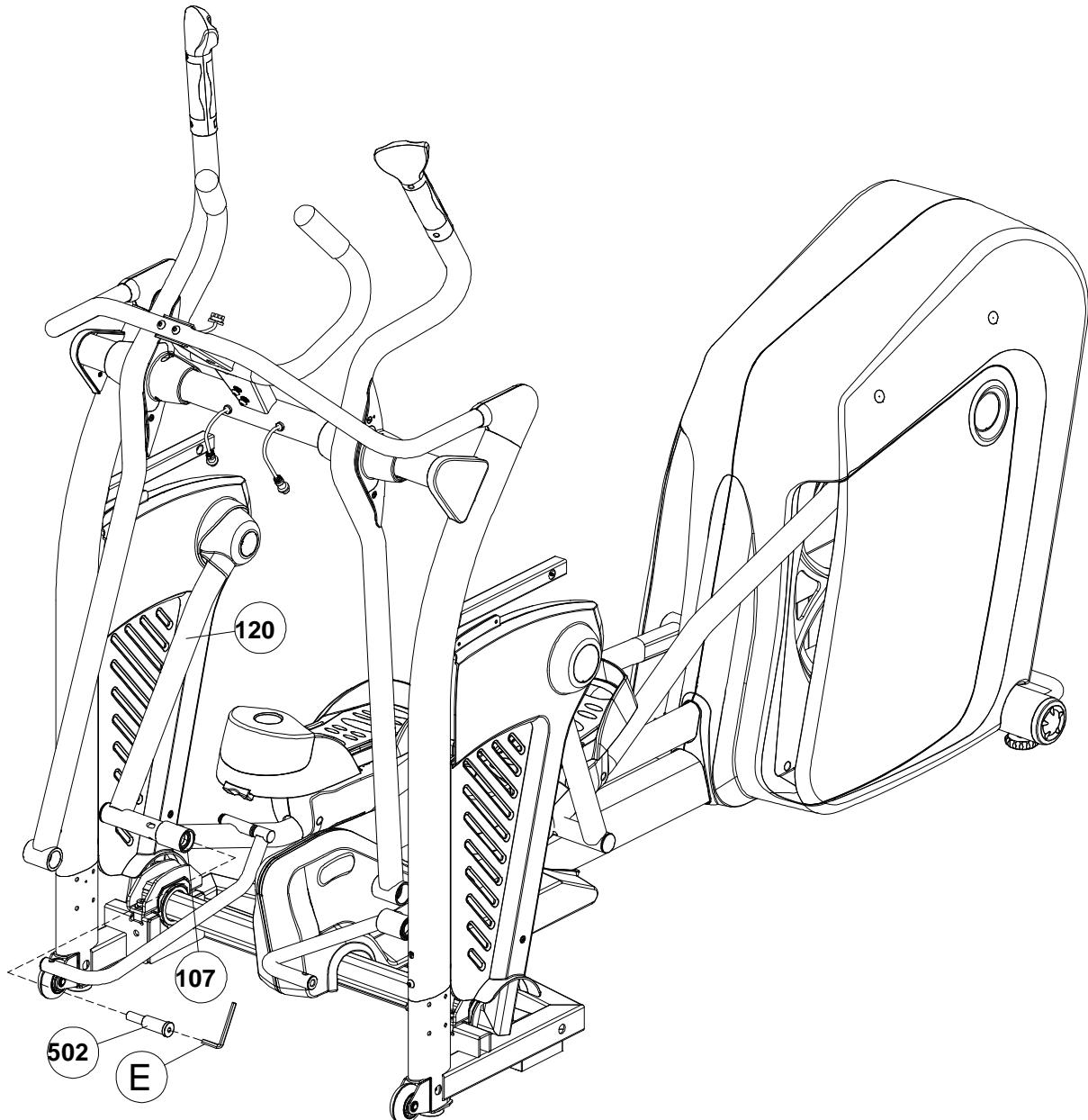
**ASSEMBLY****STEP 11: Connect the Pedal Arm to the Pedal Swing Arm**

(A) Slide the 20 x 78-M14 X 35mm Bolt (502) through the Pedal Arm-Right (107) and Pedal Swing Arm (120) the secure by 8mm Allen Key (E).

**502 X2**



(B) Repeat the above procedure to assemble the left side.



## ASSEMBLY

### STEP 12: Connect the Moving Linkage

(A) Connect the Action Handlebar-Right (109) to the Moving Linkage-Right (113) and secure using the 12 x 62-M10 x 20mm Bolt (501), 12 x 2 x 2mm Spring Washer (510), 12 x 22 x 2mm Washer (515), and 12 x 18 x 24.5 Sleeve (514) by 6mm Allen Key (D), as show in FIG1.

(B). Repeat the above procedure to assemble the left side.

<b>501</b>	<b>X2</b>	
<b>510</b>	<b>X2</b>	
<b>514</b>	<b>X2</b>	
<b>515</b>	<b>X2</b>	

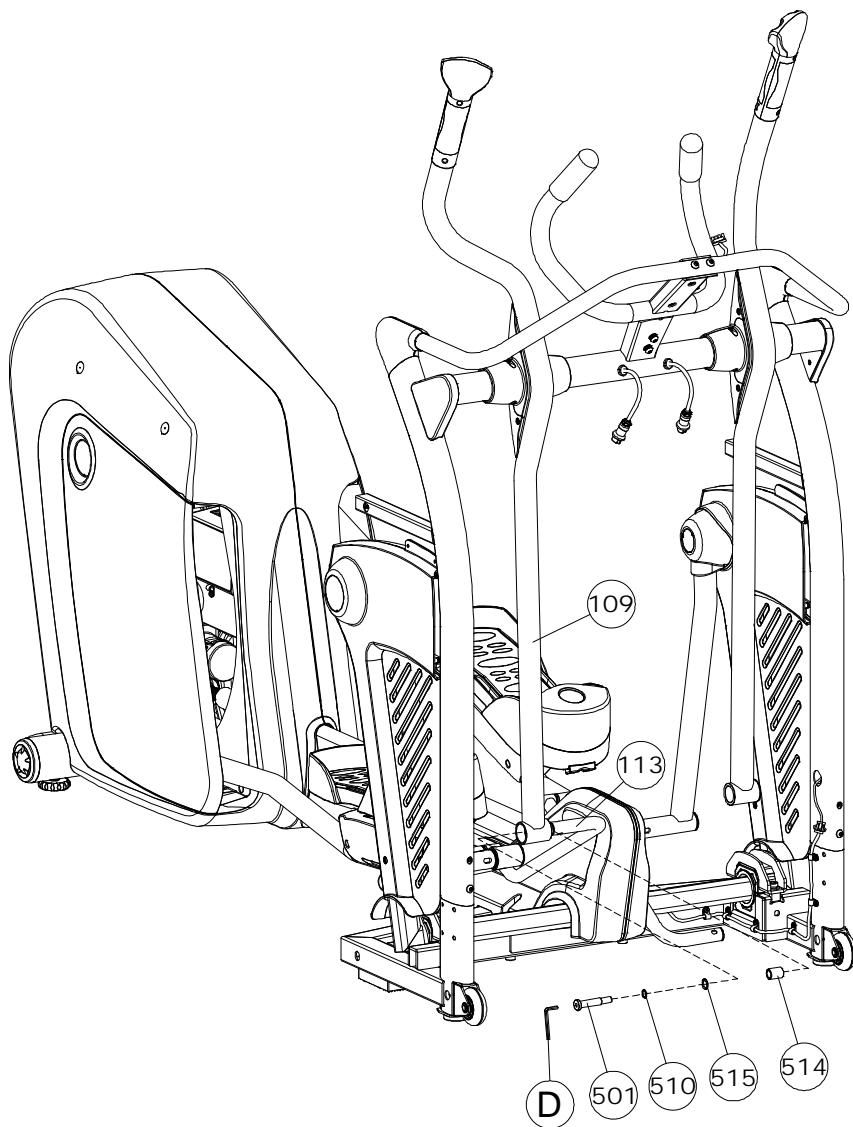
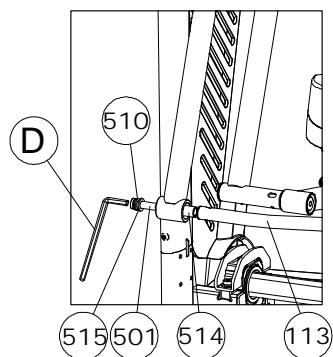


FIG 1

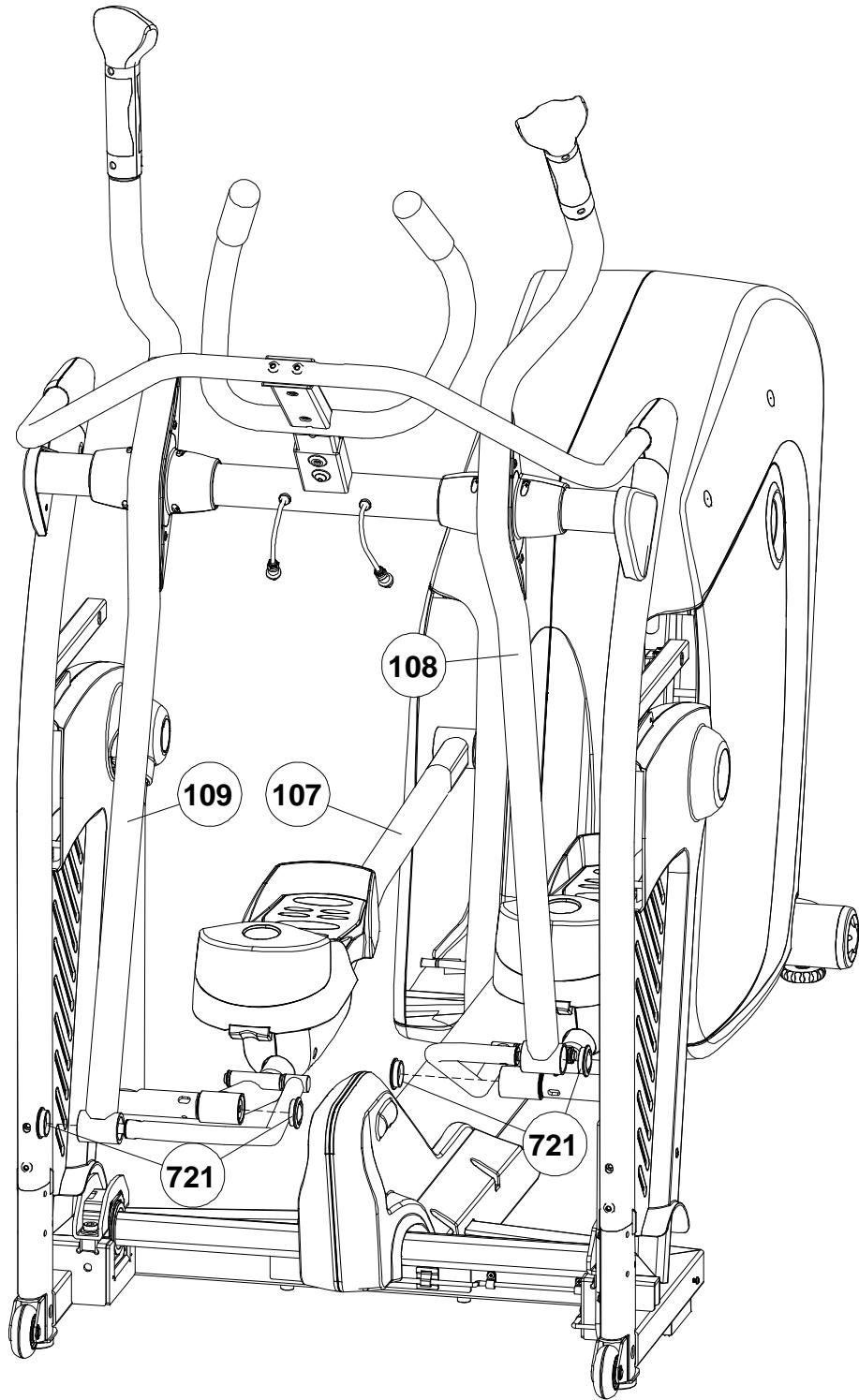


**ASSEMBLY****STEP 13: Assemble the Pedal Arm Front Pivot Covers**

(A) Press the Pedal Arm Front Pivot Cover (721) into the ends of the Action Handlebar-Right (109) and Pedal Arm-Right (107).

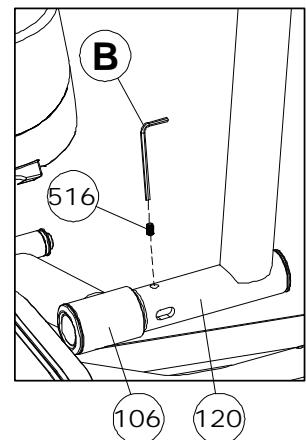
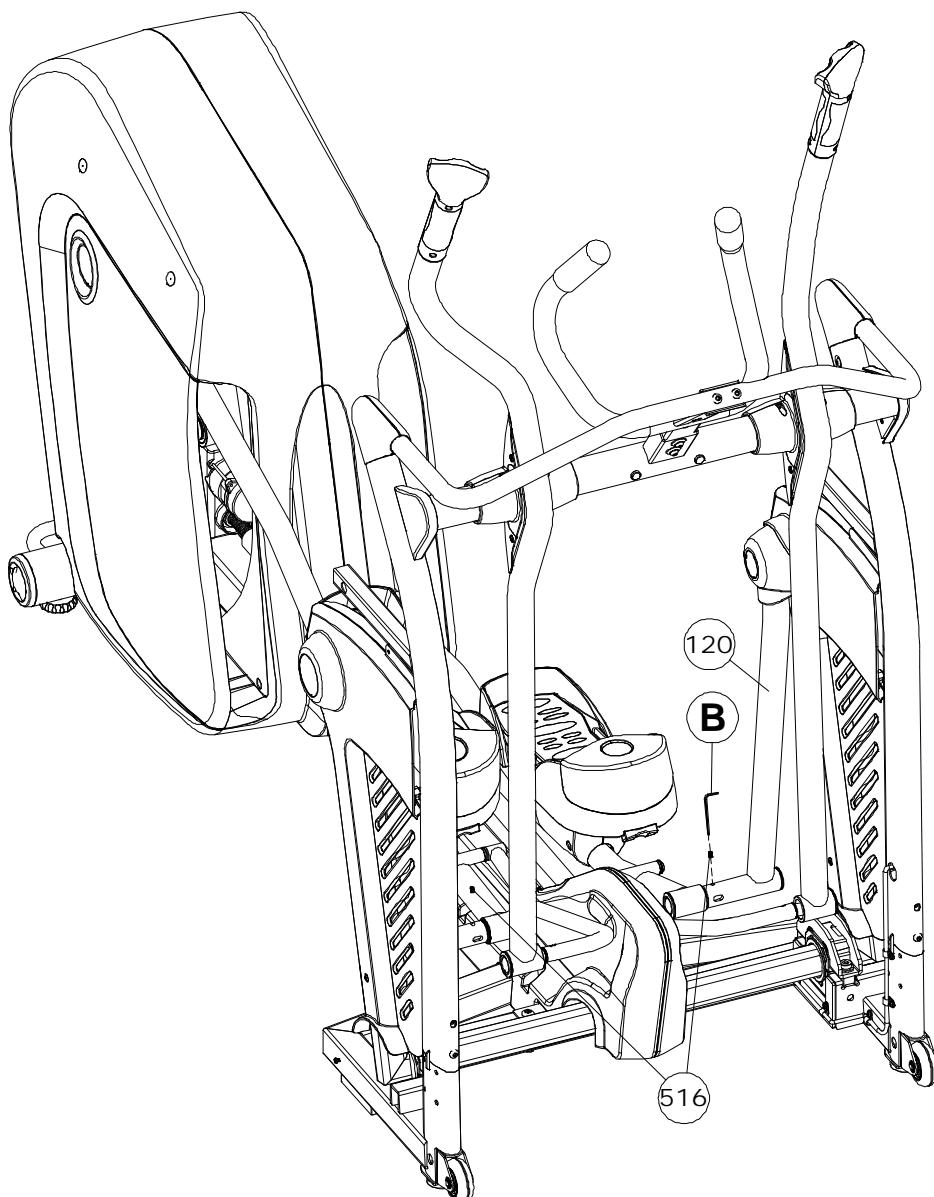
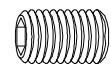
**721 X4**

(B) Repeat the above procedure on the left side.



**ASSEMBLY****STEP 14: Tighten Set Screws**

(A) Secure the M5 x 6mm Screw (516) to the Pedal Swing Arm (120) using the 2.5mm Allen Key (B).

**516 X2**

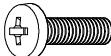
## ASSEMBLY

### STEP 15: Assemble the Front Side Panels

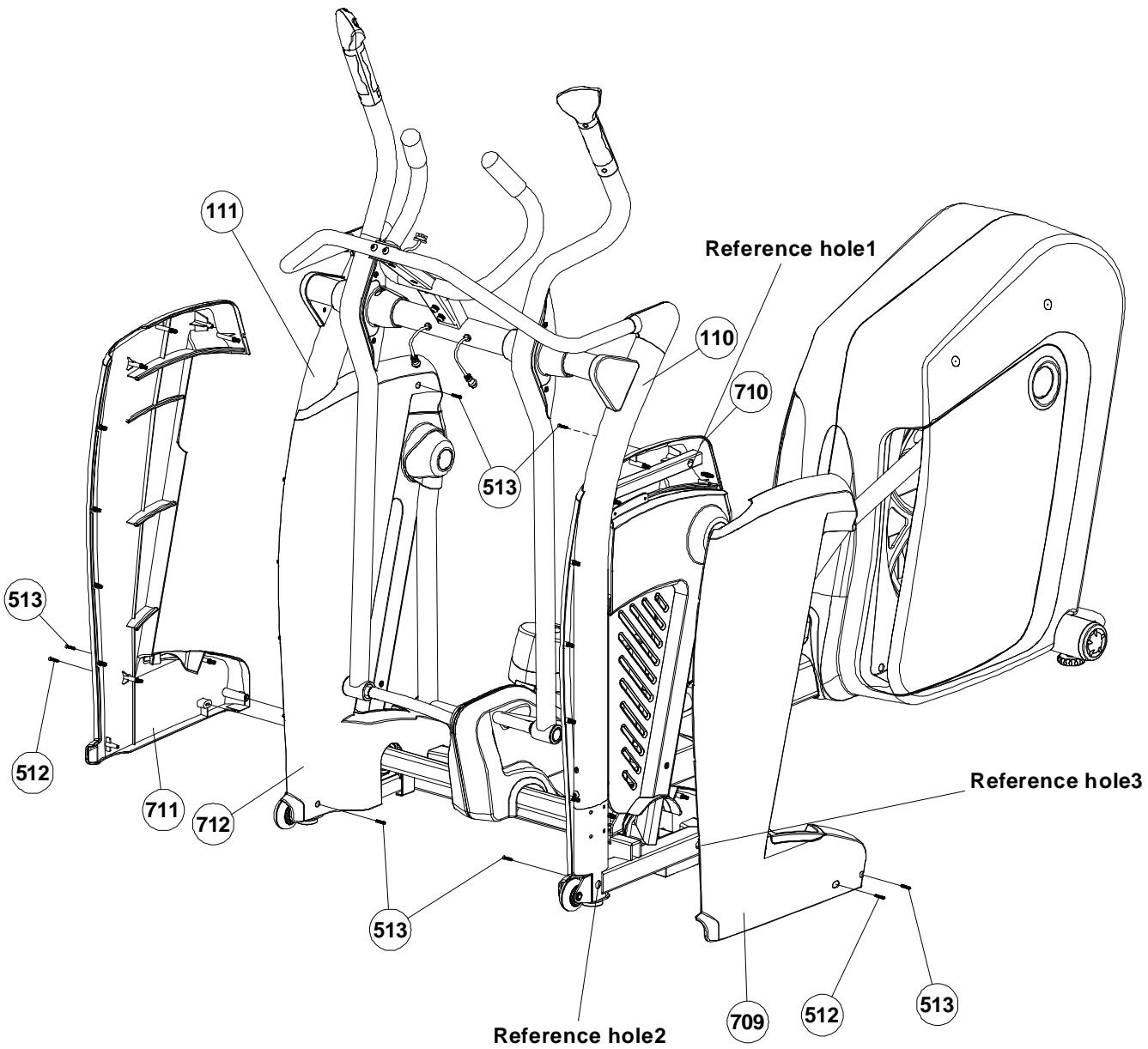
**NOTE: THERE ARE 3 HOLES IN THE FRAME COMPONENTS THROUGH WHICH THE INSIDE AND OUTSIDE PLASTIC PANELS CONNECT TO EACHOTHER. USE THESE HOLES AS REFERENCES TO CORRECTLY POSITION THE PLASTIC PANELS.**

(A) Assemble the Front Side Panel-LL (709) and Front Side Panel-LR (710) to the left Upright and secure using one 4 x 12 Screw (512) and three 4 x 19mm Screws (513).

(B) Repeat the above procedure to assemble the right side.

512 X2 

513 X6 



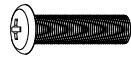
## ASSEMBLY

### STEP 16: Assemble the Console

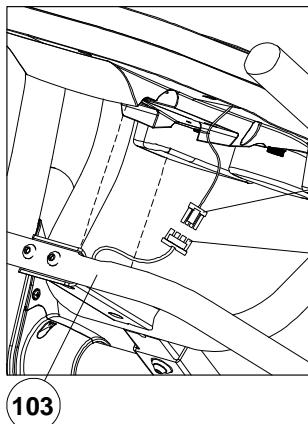
**NOTE: BE SURE TO PUSH THE WIRES INTO THE CONSOLE BEFORE YOU SECURE TO THE FRAME.**

- (A) Connect the 8Pin Power Wire-Top (615) to the 8Pin Power Wire-Upper (616) as show in FIG1.
- (B) Assemble the Computer (312) to the Console Support Tube-Front (103) and secure using two M6 x 40mm Screws (509).
- (C) Connect the Hand Pulse Sensor Wire-Upper (622) to Computer (312) as show in FIG2.

**509 X2**



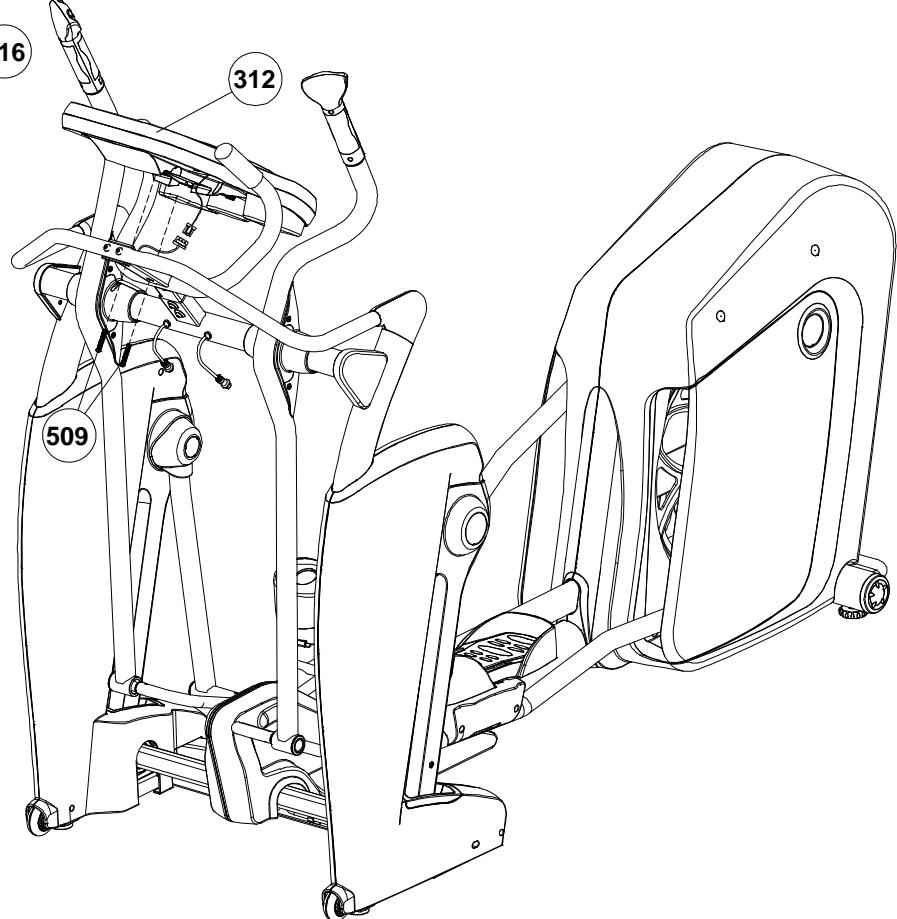
**FIG 1**



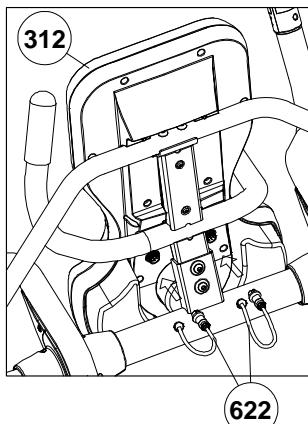
615

616

103



**FIG 2**



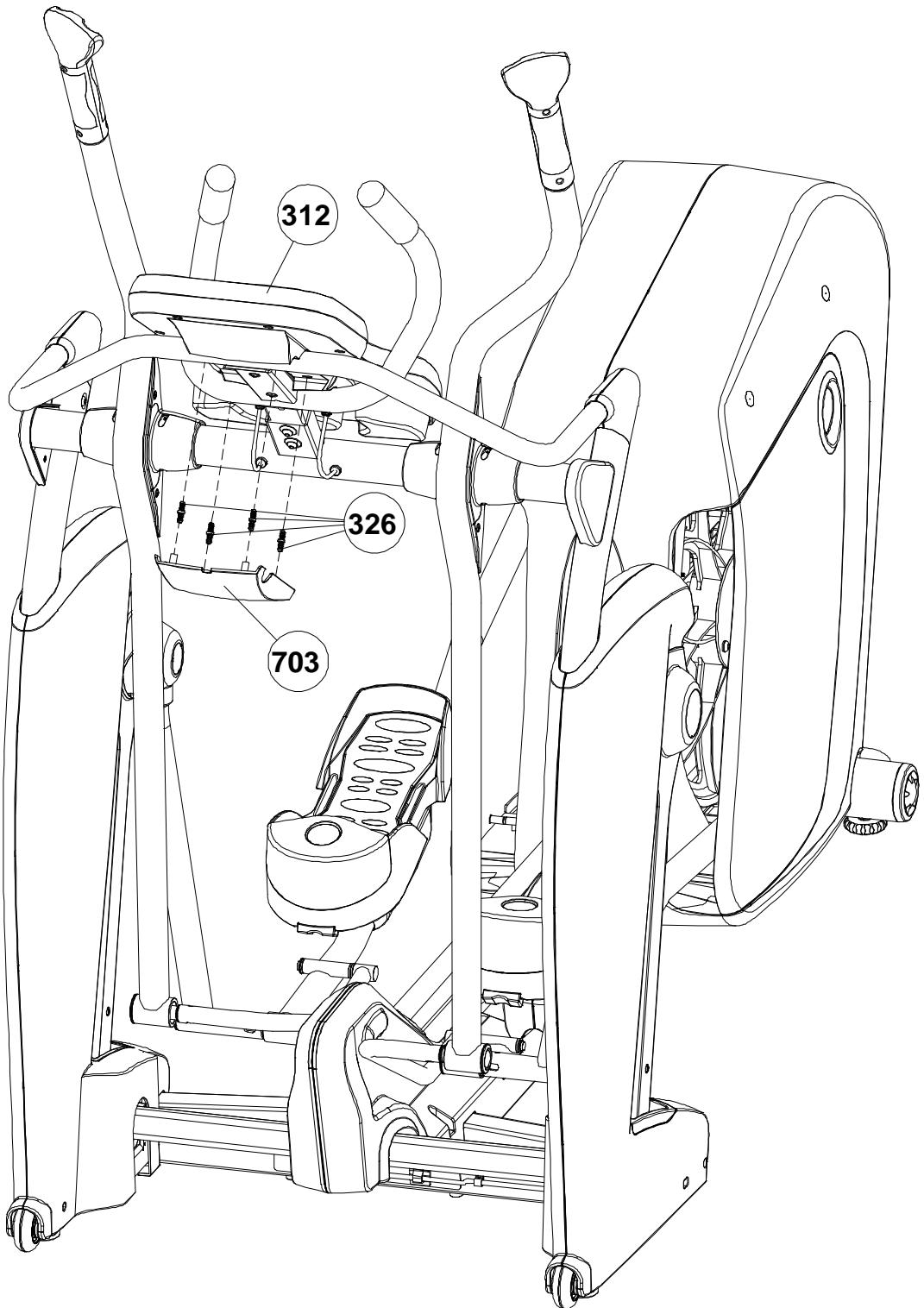
312

622

**ASSEMBLY****STEP 17: Assemble Console Back Cover**

(A) Assemble the four Taper Fixing Inserts (326) to the Console Back Cover (703).

(B) Assemble the Console Back Cover (703) to the Computer (312).

**326 X4**

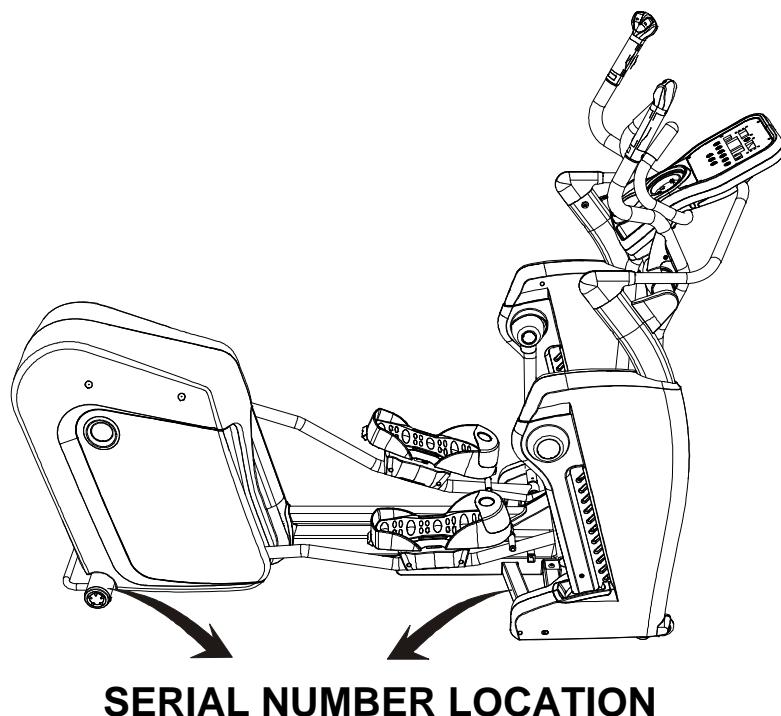
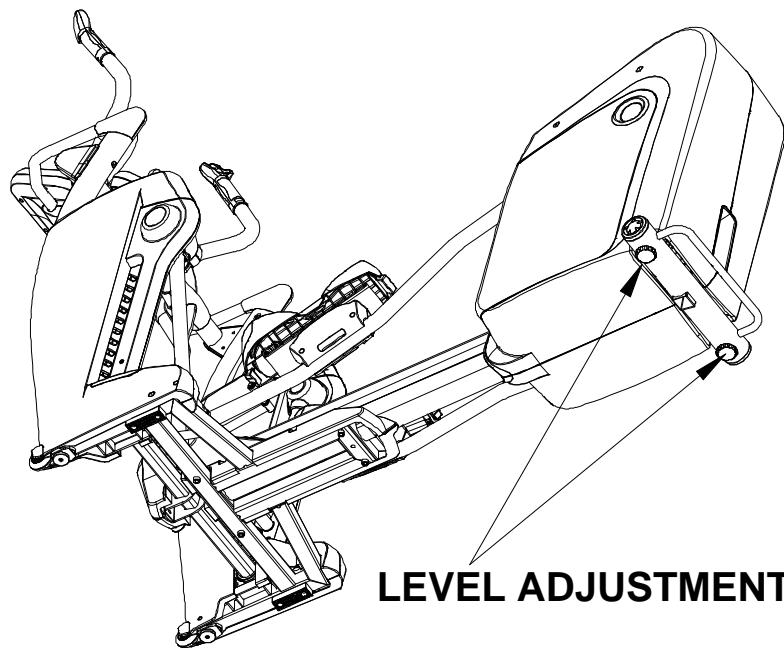
## LEVEL ADJUSTMENT

### LEVEL ADJUSTMENT:

To adjust the levelers follow these instructions:

You will need someone to help you with this procedure, as you will need to tip, the AGILE Dynamic Motion Trainer while adjusting the levelers

Tip the AGILE Dynamic Motion Trainer to the left/right. You will then see the LEVEL ADJUSTERS. These will need to be screwed either in or out to level the trainer. Repeat for the other side. It may help to use a bubble level when adjusting the level on your AGILE Dynamic Motion Trainer.

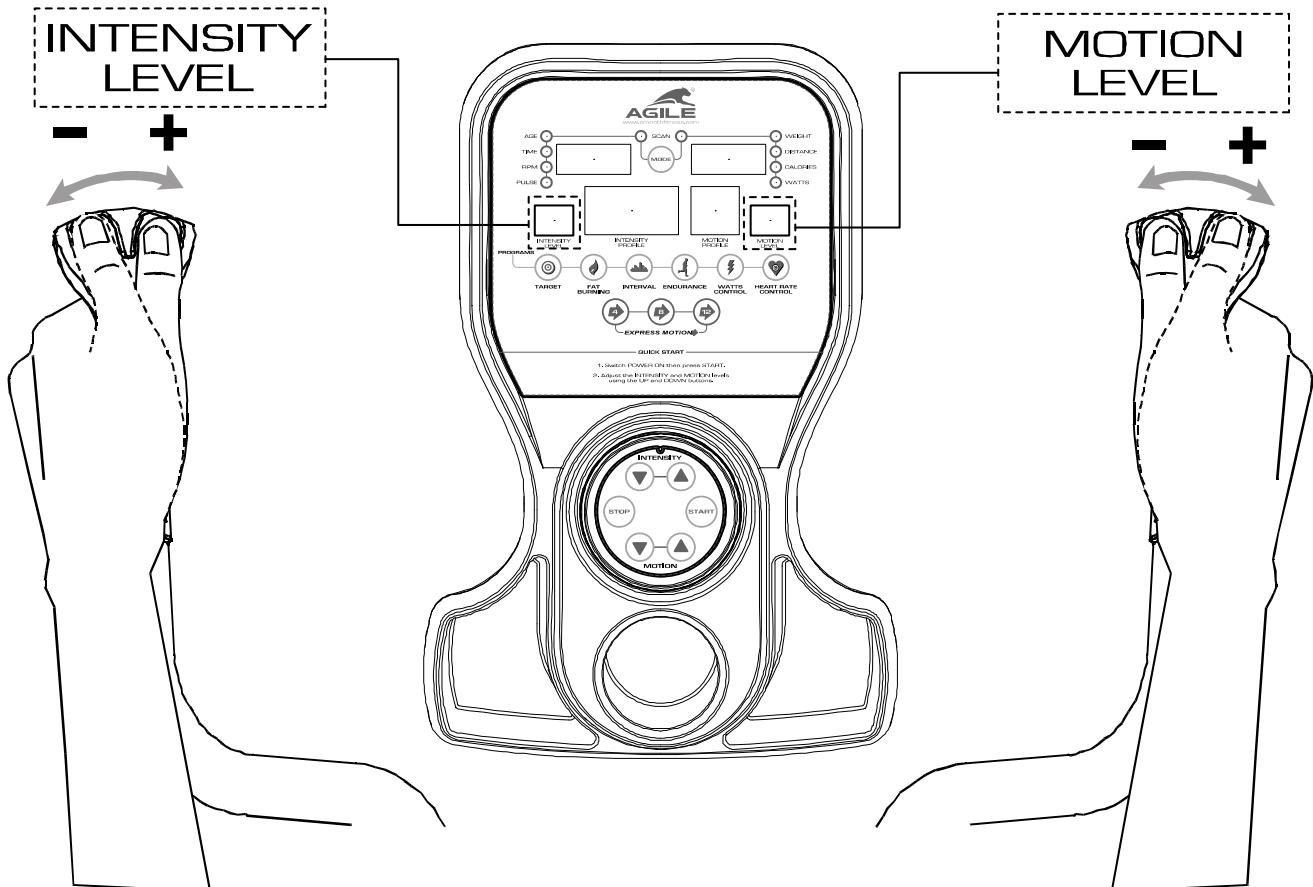


## LITE-TOUCH CONTROL OPERATION

### LITE-TOUCH CONTROL:

The Intensity Level and Motion Level can be controlled using the Lite-Touch controls on the hand grips of the action handlebars. As the illustration indicates, the right Lite-Touch Controller controls the Motion Level and the left Lite-Touch Controller controls the Intensity Level. You can see the corresponding readouts on the console follow this same orientation.

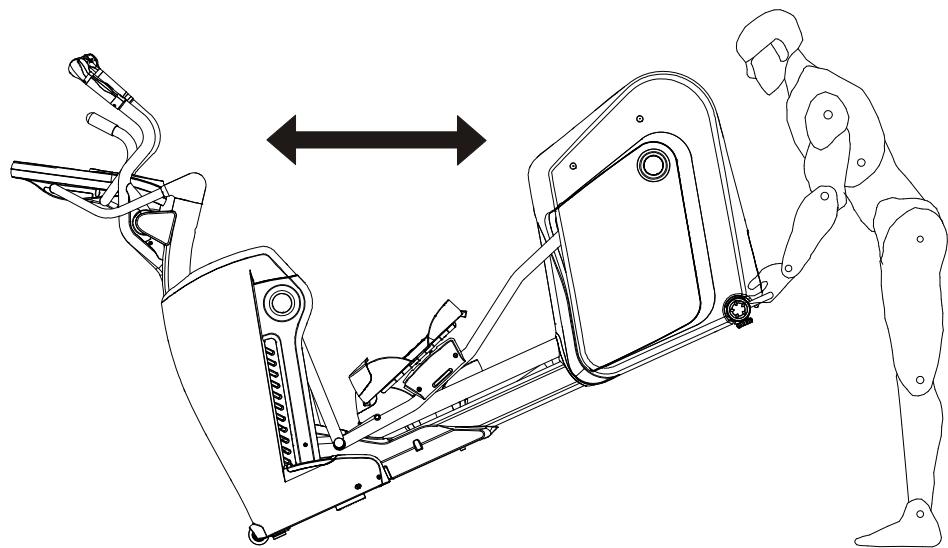
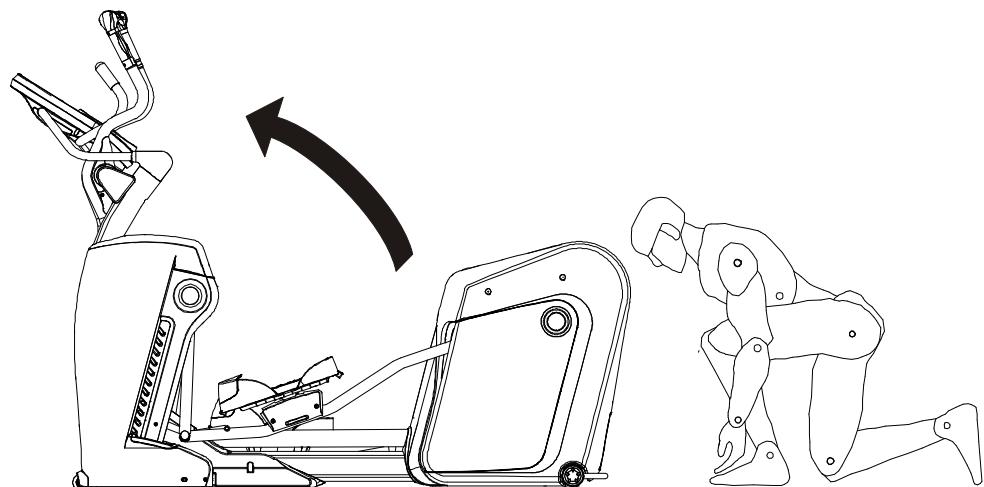
To use the Lite-Touch Controls, simply start a program or select START and begin your work out. To increase either the Motion Level or the Intensity Level, move your thumb to the thumb groove with the "+" indicator. If you hold your thumb in the thumb groove the level will continue to increase until you remove your thumb. To decrease the level simply place your thumb in the groove marked with the "-" indicator.



## TRANSPORT INSTRUCTION

### TRANSPORT INSTRUCTIONS:

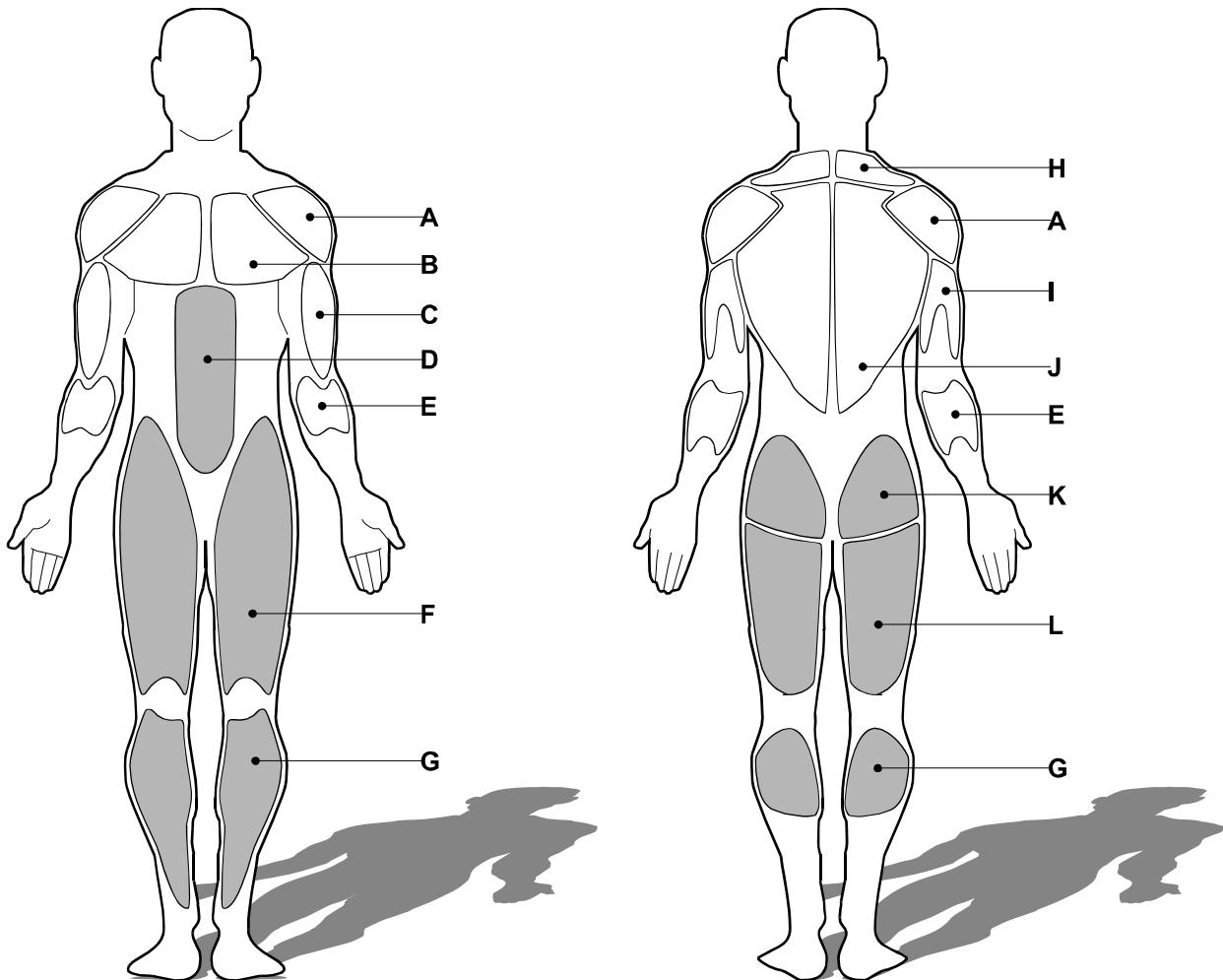
To transport your AGILE Dynamic Motion Trainer simply lift the back end and roll it away to the desired location, as shown.



## MUSCLE CHART

### Targeted muscle groups:

The exercise routine that is performed on this product will develop primarily lower body muscle groups. These muscle groups are shown in gray color on the chart below.



### MUSCLE GROUPS

A	Shoulder muscles	Calf muscles	G
B	Pectoral muscles	Trapezius muscles	H
C	Bicep muscle	Tricep muscles	I
D	Abdominal muscles	Back muscles	J
E	Forearm muscles	Gluteal muscles	K
F	Quadricep muscles	Hamstring muscles	L

## STRETCHING ROUTINE

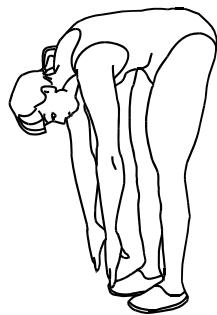
### Warm up and cool down:

A successful exercise program consists of a warm-up, aerobic exercise, and a cool-down. Do the entire program at least two and preferably three times a week, resting for a day between workouts. After several months, you can increase your workouts to four or five times per week.

Warming up is an important part of your workout, and should begin every session. It prepares your body for more strenuous exercise by heating up and stretching out your muscles, increasing your circulation and pulse rate, and delivering more oxygen to your muscles. At the end of your workout, repeat these exercises to reduce sore muscle problems. We suggest the warm-up and cool-down exercises on the following pages:

#### Toe Touch:

Slowly bend forward from your waist, letting your back and shoulders relax as you stretch toward your toes. Reach down as far as you can and hold for 15 counts.



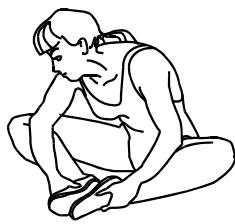
#### Shoulder Lift:

Lift your right shoulder up toward your ear for one count. Then lift your left shoulder up for one count as you lower your right shoulder.



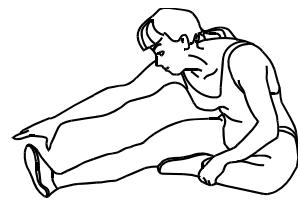
#### Inner Thigh Stretch:

Sit with the soles of your feet together with your knees pointing outward. Pull your feet as close into your groin as possible. Gently push your knees towards the floor. Hold for 15 counts.



#### Hamstring Stretch:

Sit with your right leg extended. Rest the sole of your left foot against your right inner thigh. Stretch toward your toe as far as possible. Hold for 15 counts. Relax and then repeat with left leg extended.



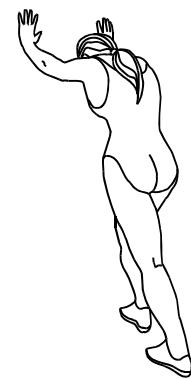
#### Side Stretch:

Open your arms to the side and continue lifting them until they are over your head. Reach your right arm as far upward toward the ceiling as you can for one count. Feel the stretch up your right side. Repeat this action with your left arm.



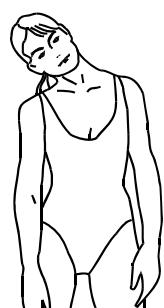
#### Calf-Achilles Stretch:

Lean against a wall with your left leg in front of the right and your arms forward. Keep your right leg straight and the left foot on the floor; then bend the left leg and lean forward by moving your hips toward the wall. Hold, and then repeat on the other side for 15 counts.

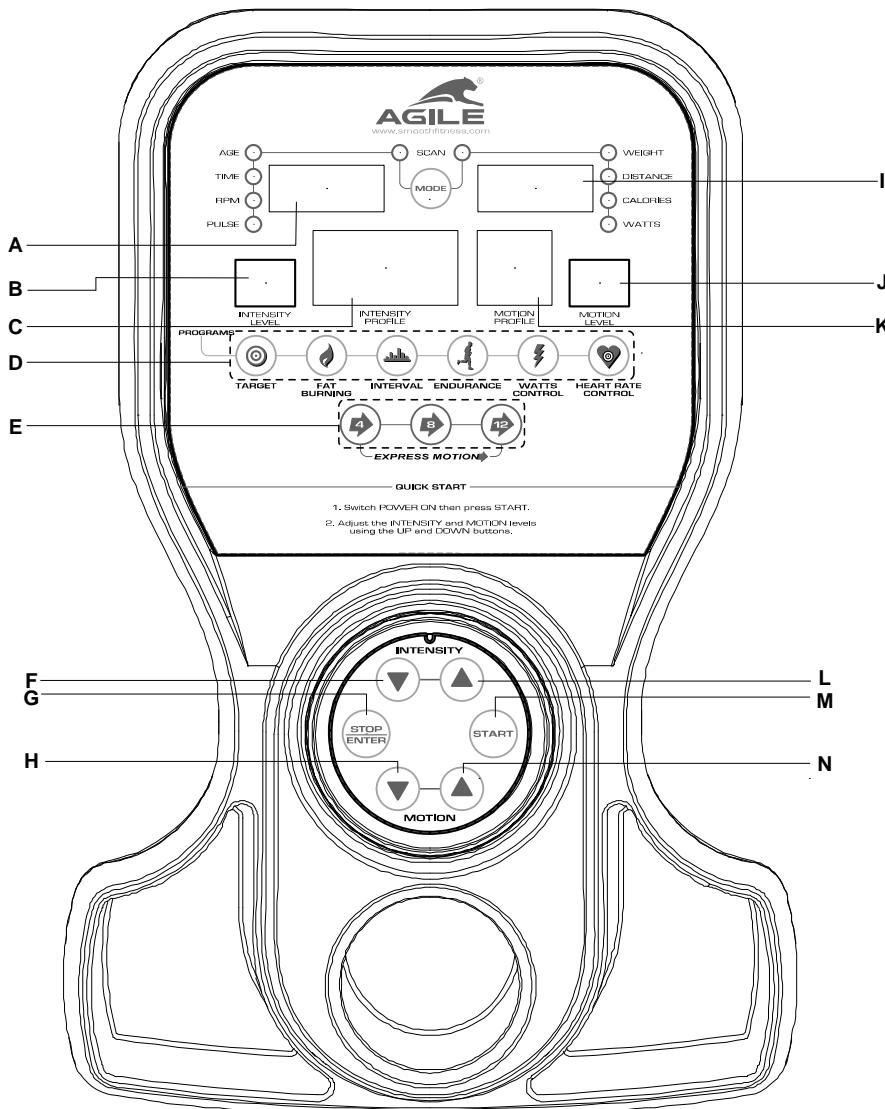


#### Head Roll:

Rotate your head to the right for one count, feeling the stretch up the left side of your neck. Next, rotate your head back for one count, stretching your chin to the ceiling and letting your mouth open. Rotate your head to the left for one count, and finally, drop your head to your chest for one count.



## COMPUTER OPERATION



DTAT DISPLAY-1      A      I      DTAT DISPLAY-2

INTENSITY LEVEL      B      J      MOTION LEVEL

INTENSITY PROFILE      C      K      MOTION PROFILE

PROGRAMS      D      L      INTENSITY-UP

EXPRESS MOTION      E      M      START

INTENSITY-DOWN      F      N      MOTION-UP

STOP / ENTER      G

MOTION-DOWN      H

1. Switch POWER ON then press START.  
2. Adjust the INTENSITY and MOTION levels using the UP and DOWN buttons.

## COMPUTER OPERATION

### DISPLAY FUNCTIONS:

There are 6 display areas to show all the necessary information prior to and during the workout.

#### **INTENSITY LEVEL DISPLAY:**

Displays intensity level from 1 to 20.

#### **8 x 16 DOT MATRIX INTENSITY LEVEL PROFILE DISPLAY:**

Displays all operating instructions prior to the workout and displays intensity level profiles during the workout.

#### **8 x 8 DOT MATRIX MOTION LEVEL PROFILE DISPLAY:**

Displays motion level profiles during the workout.

#### **MOTION LEVEL DISPLAY:**

Displays motion levels from 1 to 12.

#### **DATA DISPLAY 1:**

Prior to using a preset program, data display 1 displays and allows user to set age, workout time and target heart rate.

During the workout, data display 1 displays TIME, RPM or PULSE depending on which display mode is selected. Scan mode can also be selected to view all available data.

#### **DATA DISPLAY 2:**

Prior to using a preset program, data display 2 displays and allows user to set weight, distance target, calorie target or watt target.

During the workout, data display 2 displays DISTANCE, CALORIES or WATTS depending on which display mode is selected. Scan mode can also be selected to view all available data.

### **DISPLAY MODES:**

Mode 1: Scan mode (scans through display modes 2-4)

Mode 2: TIME and DISTANCE

Mode 3: RPM and CALORIES

Mode 4: PULSE and WATTS

## COMPUTER OPERATION:

### **POWER ON:**

Plug in the POWER CORD and set the power switch to ON. All the LED windows will light up and begin scanning. The INTENSITY LEVEL Dot Matrix displays and begins scrolling "SELECT-QUICK-START-OR-PROGRAM". The other LED windows will show the factory settings as follows:

INTENSITY LEVEL window display: "1"

MOTION LEVEL window display: "1"

DATA DISPLAY-1: displays (default AGE): "35", AGE LED light on.

DATA DISPLAY-2: displays (default WEIGHT): "150" lb, WEIGHT LED light on.

During the workout, press the STOP button twice to return to POWER ON status.

### **SLEEP MODE:**

The computer will automatically enter SLEEP MODE if left idle for 3 minutes without any input in POWER ON status. When the computer is in SLEEP MODE, press any button or pedal and the machine will return to POWER ON status. You can turn SLEEP MODE off but the console will be drawing power indefinitely if it is plugged in to keep the LEDs lit. To turn SLEEP MODE off, get the console to POWER ON status then press INTENSITY UP and DOWN buttons and hold for 5 seconds. Data display 2 will show "1". Press the START button and data display 2 will display the SLEEP MODE status. To toggle between "On" and "Off", select INTENSITY UP or DOWN then press STOP/ENTER to confirm and return to POWER ON status.

### **PAUSE/STOP:**

During the workout, press the STOP button or stop pedaling for 10 seconds to enter PAUSE status. The INTENSITY LEVEL Dot Matrix display will show "PAUSE". All the figures on the console will be frozen. Press the START button or start pedaling to resume the program and all the displays will

## COMPUTER OPERATION

continue the performance until the program finishes. If you leave the pedal stopped for over 3 minutes or press the STOP button twice, all the data will return to 0 and the computer will return to POWER ON status.

### ENGLISH/METRIC CONVERSION:

The console display can show ENGLISH and METRIC information. The factory should have the proper setting on this for the different markets. In case it needs to be converted between METRIC and ENGLISH readout, please follow the procedure below:

1. Set the POWER SWITCH to ON. Press both the STOP and MOTION UP button at the same time and hold for 3 seconds. The INTENSITY LEVEL Dot Matrix will display and scrolling "KM" or "ML". KM is displayed for METRIC and ML for ENGLISH.
2. Press the INTENSITY UP/DOWN button to switch between Metric and English then pressing STOP/ENTER to save the setting and return to Power On status.

### SOUND on/off:

From the POWER ON status press and hold INTENSITY UP and DOWN buttons for 5 seconds to get to the display control mode. The data display 2 will be displaying "1". Press INTENSITY UP once so that "2" is displaying then press the START button. To toggle between sound "on" or "off" use the INTENSITY UP or DOWN button then press STOP/ENTER to confirm and return to POWER ON status.

## PROGRAM OPERATING INSTRUCTION

### QUICK START:

When the console is in POWER ON status, press the START button to activate the QUICK START program. The Intensity Level Display shows "1" and the INTENSITY LEVEL Dot Matrix displays the intensity level profile. The Motion Level Display shows "1" and the MOTION LEVEL Dot Matrix displays motion level profile. Press the INTENSITY UP/DOWN button to change the intensity level. Press the MOTION UP/DOWN button to change the motion level. The TIME, CALORIES and DISTANCE will count up from 0.

### TARGET PROGRAM:

When the console is in POWER ON status, press the TARGET program button once to enter the TARGET TIME program set up:

Press TARGET program button twice to enter the TARGET DISTANCE program set up,  
Press TARGET PROGRAM button three times to enter the TARGET CALORIES program set up

Continue the rotation among these three target programs by pressing the TARGET program button.

#### Target Time:

Press the TARGET program button once to get to the TARGET TIME program, then press STOP/ENTER to enter the set up procedure.

TIME display shows the factory default setting "30:00". Press INTENSITY UP/DOWN button to adjust the target time and press STOP/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

WEIGHT display shows factory default setting "68(kgs)/150(Lb). Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

Press START button to start the target time program. Time counts down to 0, Distance and Calories count up. Press INTENSITY UP/DOWN to adjust the resistance and press MOTION UP/DOWN to adjust the motion.

#### Target Distance:

Press the TARGET program button twice to get to the TARGET DISTANCE program then press STOP/ENTER to enter the set up procedure.

DISTANCE display shows factory default setting "5.00". Press INTENSITY UP/DOWN button to adjust the target distance and press STOP/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

## COMPUTER OPERATION

WEIGHT display shows factory default setting "68(kgs)/150(Lb). Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

Press START button to start the target distance program. Distance counts down to 0, Time and Calories count up. Press INTENSITY UP/DOWN to adjust the resistance and press MOTION UP/DOWN to adjust the motion.

### **Target Calories:**

Press the TARGET program button three times to get to the TARGET CALORIES program, then press STOP/ENTER to enter the set up procedure.

CALORIES display shows factory default setting "50". Press INTENSITY UP/DOWN button to adjust the target calories and press STOPE/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

WEIGHT display shows factory default setting "68(kgs)/150(Lb). Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

Press START button to start the target distance program. Distance counts down to 0, Time and Calories count up. Press INTENSITY UP/DOWN to adjust the resistance and press MOTION UP/DOWN to adjust the motion.

### **FAT BURNING PROGRAM**

When the console is in POWER ON status, press the FAT BURNING program button then press STOP/ENTER to continue the set up procedure.

TIME display shows factory default setting "30:00". Press INTENSITY UP/DOWN button to adjust the target time and press STOP/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

WEIGHT display shows factory default setting "68(kgs)/150(Lb). Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

Press START button to start the FAT BURNING program. Time counts down to 0, Distance and Calories count up. Dot Matrix display shows the pre-set INTENSITY and MOTION profile. Press INTENSITY UP/DOWN to adjust the resistance and press MOTION UP/DOWN to adjust the motion.

### **INTERVAL PROGRAM**

When the console is in POWER ON status, press the INTERVAL program button once to select the INTENSITY INTERVAL program then press STOP/ENTER to enter the program set up procedure.

OR

Press INTERVAL program button twice to select the MOTION INTERVAL program then press STOP/ENTER to enter the program set up procedure.

Continue the rotation between these two INTERVAL programs by pressing the INTERVAL program button.

### **Intensity Interval Program**

When the console is in INTENSITY INTERVAL program set up, INTENSITY LEVEAL DISPLAY shows "L1". This indicates the intensity level for the intervals. Use the INTENSITY UP/DOWN buttons to change the intensity then press STOP/ENTER button to enter to confirm.

TIME display shows factory default setting "32:00". Press INTENSITY UP/DOWN button to adjust the target time and press STOP/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

WEIGHT display shows factory default setting "68(kgs)/150(Lb). Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

## COMPUTER OPERATION

Press START button to start the INTENSITY INTERVAL program. Time counts down to 0, Distance and Calories count up. Dot Matrix display shows the pre-set INTENSITY and MOTION profile. Press INTENSITY UP/DOWN to adjust the resistance and press MOTION UP/DOWN to adjust the motion.

### Motion Interval Program

When the console is in MOTION INTERVAL program set up, MOTION LEVEL DISPLAY shows "L1". This indicates the intensity level for the intervals. Use the INTENSITY UP/DOWN buttons to change the intensity then press STOP/ENTER button to confirm.

TIME display shows factory default setting "32:00". Press INTENSITY UP/DOWN button to adjust the target time and press STOP/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

WEIGHT display shows factory default setting "68(kgs)/150(Lb)". Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

Press START button to start the MOTION INTERVAL program. Time counts down to 0, Distance and Calories count up. Dot Matrix display shows the pre-set INTENSITY and MOTION profile. Press INTENSITY UP/DOWN to adjust the resistance and press MOTION UP/DOWN to adjust the motion.

### ENDURANCE PROGRAM

When the console is in POWER ON status, press the ENDURANCE program button then press STOP/ENTER to continue to the set up procedure.

#### Workout Level set up

TIME display shows "L1", Press INTENSITY UP/DOWN button to adjust the workout level and press STOP/ENTER to confirm.

TIME display shows factory default setting "32:00". Press INTENSITY UP/DOWN button to adjust the target time and press STOP/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

WEIGHT display shows factory default setting "68(kgs)/150(Lb)". Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

Press START button to start the ENDURANCE program. Time counts down to 0, Distance and Calories count up. Dot Matrix display shows the pre-set INTENSITY and MOTION profile. Press INTENSITY UP/DOWN to adjust the resistance and press MOTION UP/DOWN to adjust the motion.

### WATTS CONTROL PROGRAM

The function of Watts Control program is to allow the user to set a desired workout load (watts). The user's workout load is controlled automatically by increasing or decreasing the resistance as the user changes their stride cadence (RPM). The intensity will be reduced when user increases RPM and the intensity will be increased when the user decreases the RPM.

When the console is in POWER ON status, press the WATTS CONTROL program button then press STOP/ENTER to continue the set up procedure.

WATTS display shows factory default setting "110". Press INTENSITY UP/DOWN button to adjust the target Watts and press STOP/ENTER to confirm.

TIME display shows factory default setting "32:00". Press INTENSITY UP/DOWN button to adjust the target time and press STOP/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

## COMPUTER OPERATION

WEIGHT display shows factory default setting "68(kgs)/150(Lb). Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

Press START button to start the WATTS program. Time counts down to 0, Distance and Calories count up. Dot Matrix display shows the pre-set INTENSITY and MOTION profile. Press INTENSITY UP/DOWN to adjust the resistance and press MOTION UP/DOWN to adjust the motion

### TARGET HEART RATE CONTROL PROGRAM :

The TARGET HEART RATE CONTROL program is designed to keep the user training at their chosen heart rate level to achieve the proper workout result. A heart rate monitoring device must be used for this program. The equipment provides a standard contact handgrip on the moving handle bar to sense the user heart beat during the workout. The user must hold the contact handgrips on the moving handle bar constantly in order to monitor the user heart rate during the workout. A wireless chest belt transmitter is highly recommended for this program.

**IMPORTANT: The console software will calculate the user's SAFE MAXIMUM HEART RATE based on the formula: 220pbm-AGE. User's are encouraged to consult with a doctor or personal**

**Training consultant to more accurately estimate their SAFE MAXIMUM HEART RATE in order to workout safely.**

When the console is in POWER ON status, press the HEART RATE CONTROL program button. The 8x16 Dot Matrix displays "HEART RATE CONTROL" Press STOP/ENTER to continue to the set up procedure.

TIME display shows factory default setting "30:00". Press INTENSITY UP/DOWN button to adjust the target time and press STOP/ENTER to confirm.

AGE display shows factory default setting "35". Press INTENSITY UP/DOWN button to adjust the user age and press STOP/ENTER to confirm.

PULSE display shows the calculated TARGET HEART RATE based on the user age setting from the above step. The TARGET HEART RATE = 85% MAXIMUM SAFE HEART RATE. Press INTENSITY UP/DOWN button to adjust the target heart rate then press the STOP/ENTER bottom to confirm.

WEIGHT display shows factory default setting "68(kgs)/150(Lb). Press INTENSITY UP/DOWN button to adjust the user weight and press STOP/ENTER to confirm.

Press the START button to start the 3 minute WARM UP. The purpose of warm up program is to bring the user's heart rate to 65% of the MAXIMUM SAFE HEART RATE. Time counts down from "3.00" to "0:00". Intensity Level Profile displays "WARM UP" 3 times. During the WARM UP, if the actual heart rate is less than 65% of the user's MAXIMUM SAFE HEART RATE, the intensity level will be increased by 1 level every 15 seconds. If the actual heart rate reaches 65% MAXIMUM SAFE HEART RATE twice within the warm up, the HEART RATE CONTROL program will start.

If user's actual hear rate fails to reach 65% of MAXIMUM SAFE HEART RATE during the warm up, the user will be placed into a 2<sup>nd</sup> or 3<sup>rd</sup> (if necessary) 3 minute warm up program. If user's actual heart rate fails to reach 65% of the MAXIMUM SAFE HEART RATE after the 3<sup>rd</sup> 3 warm up program, the INTENSITY LEVEL PROFILE dot matrix will display "FAIL" then return to POWER ON status in 10 seconds.

Once the user successfully enters the HEART RATE CONTROL program, the computer will actively adjust the resistance level to keep the users at the TARGET HEART RATE. If the user is consistently below the TARGET HEART RATE, the INTENSITY LEVEL will increase 1 level. If the user reaches and exceeds the TARGET HEART RATE, the INTENSITY LEVEL will decrease 1 level. The program will continue until the time runs out. If the user's heart rate continues to exceed the TARGET HEART RATE for 3 minutes, or the time counts down to "0:00", the heart rate control program will stop and start the 1 minute COOL DOWN function. Time counts down from "1:00" and INTENSITY LEVEL AND MOTION LEVEL at level 1.

## WARRANTY

### LIMITED HOME USE WARRANTY

**Warranty Coverage:** EVO Fitness and Smooth Fitness, Inc. ("Smooth Fitness") warrants to the original owner that each new product to be free from defects in workmanship and material, under normal use and conditions.

**Period of Coverage:** The Warranty on this product runs from the date of original purchase using the following schedule:

Model Name	Frame	Parts & Electronics	Labor
AGILE DMT	Lifetime	5 years	1 year

**Labor:** Smooth Fitness will reimburse for labor costs for One (1) year. Smooth Fitness reserves the right to either:  
Hire and reimburse an independent service technician who will come into the home for the repair,  
**OR**

In the event that there is not an available certified Smooth Fitness service technician, Smooth will send the part directly to the consumer and will pay \$75 US per occurrence for the labor costs of such repair. If multiple repair attempts must be made for one reported problem, Smooth will only reimburse once per occurrence.

Smooth Fitness reserves the right to inspect damaged parts for misuse. Your Original Receipt is proof of purchase and should be kept with the product manual. You may be required to show proof of purchase prior to warranty service being initiated.

**Remedy Provided by Smooth Fitness:** Smooth Fitness will provide a replacement part free of charge if a defect is found during the Warranty period. Smooth Fitness may at its discretion, choose to provide any of following parts or repair options. In the event that a part is determined in need of replacement, upon receipt of the part by Smooth Fitness, Smooth Fitness may send out the part by UPS ground or another such carrier directly to the customer's home. The customer is responsible for the cost of sending the part to Smooth Fitness.

**For the 9.25X Model Only:** This warranty covers all parts including frame, electronics and wear parts for a lifetime. If Smooth Fitness in its sole discretion determines that the treadmill cannot or should not be repaired, it may decide to purchase the unit for the residual value in accordance with the following: 25% of retail purchase price after 5 years, 15% after 10 years, 5% after 15 years.

Any redemption may be by repair or replacement of the affected parts and/or product at the sole discretion of Smooth Fitness, by personnel approved by Smooth Fitness.

Parts repaired or replaced pursuant to this Warranty shall be warranted for the unexpired portion of the Warranty applying to the original product. Any technical advice furnished before or after delivery in regard to the use or application of Smooth Fitness products is furnished without charge and on the basis that it represents Smooth Fitness' best judgment under the circumstances but that the advice is used at your sole risk.

**Procedure for Obtaining Your Remedy Under This Warranty:** To obtain service on a Smooth Fitness product, call Smooth Fitness. In the instance that service is not available in an area, Smooth Fitness, at its discretion, can either 1) find a service technician in your area to perform warranty service, 2) have a local dealer perform warranty service, or 3) send the warranty parts to you and reimburse as described above. To help the technician assist you, please have the following information ready:

- Model name or number from the cover of the manual;
- Serial number located on the frame of the unit; and
- The part description and the order number.

**Limitations on Warranty:** This Warranty will only apply to the original end user. This Warranty does not cover wear and tear (except the 9.25X treadmill), any problems, damages or failures that are caused by accident, improper assembly, failure to observe cautionary labels on the product, failure to operate the product correctly, power grid failures or spikes from your local electricity provider, abuse or freight damage. Smooth Fitness does not warrant against any damage or defects that may result from repair or alterations made to the product by an unauthorized repair facility.

This Warranty shall terminate if you sell or otherwise transfer this product. This Warranty does not apply to any product shipped or handled outside of the United States or Canada. This Warranty does not apply if the product is used as a rental product or in commercial use. Consequential and incidental damages are not recoverable under this Warranty. (Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.)

**THIS WARRANTY IS EXPRESSLY IN LIEU OF ALL OTHER EXPRESS WARRANTIES. ALL IMPLIED WARRANTIES, INCLUDING WARRANTIES OF MERCHANTABILITY OR FITNESS FOR ANY PARTICULAR PURPOSE, ARE LIMITED IN DURATION TO ONE (1) YEAR FROM THE EFFECTIVE DATE OF THIS WARRANTY. SMOOTH FITNESS IS NOT LIABLE FOR CONSEQUENTIAL OR INCIDENTAL DAMAGES RESULTING FROM ANY DEFECT IN PARTS NOR FOR ANY BREACH OF EXPRESS OR IMPLIED WARRANTIES. SMOOTH FITNESS' SOLE LIABILITY UNDER THIS WARRANTY IS LIMITED TO THE TERMS DESCRIBED IN THIS FORM. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS, AND YOU MAY ALSO HAVE OTHER RIGHTS WHICH VARY FROM STATE TO STATE.**



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